Proposed modification to MPH-HBHP curriculum (revised)

Approved by the HBHP faculty, April 4, 2016
Revised December 19, 2016

Purpose: The purpose of this curriculum revision is to encourage HBHP students to select sets of electives in a focused area, providing additional depth to the specialization. In order to achieve this, several existing HBHP requirements are proposed to be modified to make additional credits available for electives. The current curriculum requires a total of 45 credits, of which 41 are in required courses. The proposed modifications will reduce the required credits by 4 (to 37), allowing 8 credits of electives. The elective credits should be taken in a single track. The track should be selected during the first semester of enrollment in the HBHP MPH program, in consultation with the student’s advisor.

A. Changes which will reduce credit requirements for the “basic” HBHP specialization from the current 41 to 37 semester credits:
   a. A new HBHP major- specific version of the core course which incorporates the material from the current required “theory” course (7562); this reduces the required specialization credits by 2 credits.
   b. Community Health Assessment (7520) will be reduced to 2 credits (from 3), which reduces the current requirement by 1 credit.
   c. Foundations of Professional Practice (7528) course reduced to 2 credits (from 3), which reduces the current requirement by 1 credit.

B. Add “Tracks” by providing focused lists of electives to be selected to fill out the requirements (8 credits of electives).

Policy Track – select from these electives:

PUBHHBP 7558 Social-Ecological Strategies in Prevention (2 cr.)
(REQUIRED for this track)
HTHRHSC 5650 Aging and Public Policy Issues (3 cr.)
PUBAFRS 5240 Race and Public Policy in the United States (3 cr.)
PUBAFRS 5890 US Food Policy (3 cr.)
PUBAFRS 5900/CRPLAN 5900 Food System Planning and the Economy (3 cr.)
PUBAFRS 6000 Public Policy Formulation and Implementation (4 cr.)
RURLSOC 5580 Assessing Human and Social Impacts of Change (3 cr.)

Communications Track – select from these electives:
COMM 7870 Media, Campaigns and Health (3 cr.)
CRPLAN 6100 Participation and Advocacy in Planning (3 cr.)
CRPLAN 6210 Planning For Effective Communication (3 cr.)
ENR 7400 Communicating Environmental Risk (2 cr.)
HTHRHSC 7010 Health Literacy (2 cr.)
PUBAFRS 5591 Lobbying and Government Relations (3 cr.)
PUBAFRS 5592 Marketing for Nonprofit and Public Organizations (3 cr.)
PUBAFRS 6500 Public Affairs Skills: Written and Oral Communication (2 cr.)
PUBAFRS 6510 Conveying Quantitative Data in Public Affairs (1 cr.)

Maternal and Child Health Track – select from these electives:
HDFS 5410 Infant-Toddler Development: Current Research and Controversies (3 cr.)
HDFS 7500 Families, Systems and Health (3 cr.)
Addressing Health Disparities Track – select from these electives:

**PUBHHBP 7542 Settings and Special Populations in Health Promotion (3 cr.)**

OR **PUBHHBP 7544 Fundamental Determinants of Population Health and Implications for Public Health (3 cr.)**

*(REQUIRED for this track, whichever one not taken as a requirement)*

CRPLAN 6350 The Socially Just City (3 cr.)

HTHRHSC 5600 Global Aging (3 cr.)

HTHRHSC 7010 Health Literacy (2 cr.)

RURLSOC 5520 Amish Society (3 cr.)

RURLSOC 6500 Rural Poverty (3 cr.)

SOCIOL 7780 Racial and Ethnic Differences (3 cr.)

SOCWORK 5002 AIDS Survey: Facts and Issues (3 cr.)

SOCWORK 5025 Social Determinants of Health: An Interdisciplinary Perspective (3 cr.)

SOCWORK 5026 Exploring Community Food Security Strategies (3 cr.)

SOCWORK 6201 Social and Economic Justice (3 cr.)

SOCWORK 6202 Diversity and Cultural Competence (3 cr.)

Global Health Track – select from these electives:

**PUBHLTH 6000 Introduction to Global Health (2 cr.)**

*(REQUIRED for this track)*

AGRCOMM 5150 Communication Strategies for Change and Development (3 cr.)

ANTHROP 5601 The Anthropology of Sex, Drugs, and HIV (3 cr.)

ANTHROP 5602 Women’s Health in Global Perspective (3 cr.)

ANTHROP 5701 Health and Healing in Latin America and the Caribbean (3 cr.)

INTSTDS 4532 Food Security and Globalization (3 cr.)

**Make sure to take for graduate credit.**

INSTDS 4534 Comparative Challenges to Economic Development: Sub-Saharan Africa, Latin America, and China (3 cr.)

**Make sure to take for graduate credit.**

INSTDS 4535 International Economic Development (3 cr.)

**Make sure to take for graduate credit.**

INTSTDS 5616 Challenges to Childhood: An International Perspective (3 cr.)

INTSTDS 5640 Globalization and Latin America: Multi-Disciplinary Approaches (3 cr.)

NURSING 5430 Interdisciplinary Healthcare in the Global Community (2 cr.)

PHR 5550 Topics in International Pharmacy (2 cr.)

PUBHEHS 5320 Climate Change and Human Health (3 cr.)

PUBHEHS 6320 Global Health and Environmental Microbiology (3 cr.)

PUBHEHS 7390 Major Human Diseases in Global Public Health (3 cr.)

PUBHEPI 5412 Infectious Diseases in the Developing World (3 cr.)

PUBHEPI 6436 Infectious Disease Epidemiology (3 cr.)

PUBHLTH 7000 Public Health in Developing Countries (3 cr.)

RURLSOC 8500 Development Sociology in Theory and Practice (3 cr.)

VETPREV 7721 Epidemiology of Zoonotic Diseases (3 cr.)

VETPREV 7722 Foodborne Diseases, Food Animal Production Systems, and Food Safety (3 cr.)

VETPREV 7730 Emerging Zoonotic Diseases in a Global Context (2 cr.)

VISSCI 5500 Special Topics in Vision Science: Global Issues in Eye Care (1 cr.)
**Obesity Science Track** – select from these electives:

**PUBHHBP 7570/HDFS 7570 Obesity, a Multidisciplinary Foundation (2 cr.)**

(REQUIRED for this track)

- CONSCI 8270 Managing Consumer Risk (3 cr.)
- CSFRST 7574 Aesthetics, Appearance Management, and Self-Presentation (3 cr.)
- ESCE 7933 Wellness and Prevention Counseling (3 cr.)
- ESSPSY 7028 Cultural Diversity (3 cr.)
- HDFS 5897 Special Topics in Prevention Science (3 cr.)
- HDFS 7500 Families, Systems, and Health (3 cr.)
- HUMNNTR 5705 Nutrition and Physical Performance (2 cr.)
- HUMNNTR 7804 Advanced Community and International Nutrition (3 cr.)
- HUMNNTR 7806 Advanced Nutrition Education (3 cr.)
- HTHRHSC 7010 Health Literacy (2 cr.)
- KNHES 7720 Measurement in Physical Activity Behavior (3 cr.)
- KNHES 7726 Changing Physical Activity Behavior (3 cr.)
- MEDDIET 6200 Community Nutrition and Health (3 cr.)
- NURSING 6430 Cultural Competence in Health Care: US and Global Contexts (3 cr.)
- Obesity Science Track Continued
- NURSING 7491 Health Promotion and Disease Prevention across the Life Span (3 cr.)
- PUBAFRS 5890 US Food Policy (3 cr.)
- PUBAFRS 5900 Food System Planning and the Economy (3 cr.)
- PUBHEPI 6415 Nutrition in Public Health (3 cr.)
- PUBHEPI 8411 Epidemiology of Obesity (3 cr.)
- SOCWORK 6201 Social and Economic Justice (3 cr.)
- SOCWORK 6202 Diversity and Cultural Competence (3 cr.)

Approval of alternate electives: A student may petition the faculty of HBHP for permission to substitute a graduate level course not listed above as an appropriate choice within one of the listed tracks. The student should provide a recent copy of the course syllabus and a statement indicating why he/she thinks this is an appropriate elective.

Approval of changes to the tracks: Following Division approval of an alternative elective relevant to any track, that alternative elective course will be added to the approved list for that track. The Division faculty may choose to designate specific courses as required within specific tracks. In addition, the Division faculty may choose to approve other tracks as needed.

Effect of these changes on other programs that use these courses:

a) PUBHHBP 6510, which is the existing core course and will become the core course for nonmajors, is unchanged and will continue to be offered for students in other programs requiring such a course.

b) Neither of the two courses which are being shortened (7520 and 7528) is required by other programs, to our knowledge.

c) The course which is being dropped (7562, Theoretical Applications in Health Behavior Change) is not required in any other program, to the best of our knowledge.

d) The reduction in “HBHP specific” required credits will slightly impact the students in the dual MPH/MSW program in that they will be required to take 4 fewer Public Health credits. We do not believe this will impact the overall dual degree, since the dual program requires a large number of credits. If negotiations with Social Work indicate that this creates a problem, we will consider adding additional public health elective credits to keep the overall number of credits in the dual degree constant.
**Transition plan for HBHP curriculum modification**

The new requirements are scheduled to take effect for students entering in Autumn 2017. Students entering before that date who have not yet completed their degrees before Autumn 2017 will follow a “transition plan” to allow them to complete the requirements they entered under. Nearly all HBHP-MPH students enter in Autumn semester; exceptions are very rare.

**Comparison of MPH requirements:**

<table>
<thead>
<tr>
<th>Curriculum component</th>
<th>Students entering prior to Autumn 2017</th>
<th>Students entering Autumn 2017 or later</th>
</tr>
</thead>
</table>
| Core courses in areas of knowledge basic to public health | Courses taken by all public health students:  
a) PUBHBIO 6210 (3) (Biostatistics)  
b) PUBHEHS 6310(3) (Environ. Hlth.)  
c) PUBHEPI 6410(3) (Epidemiology)  
d) PUBHHMP 6610 (3) (Health care org.)  
PUBHHBP 6510 (3) + PUBHHBP 7532 (2) (Core and advanced knowledge in health behavior)  
17 credits total | Courses taken by all public health students:  
a) NO CHANGE  
b) NO CHANGE  
c) NO CHANGE  
d) NO CHANGE  
PUBHHBP 6515 (3) Accelerated course in health behavior  
REDUCED: 17 to 15 credits total |
| Courses required for a specialization in HBHP | a) PUBHHBP 7520 Commun. Assess. (3)  
b) PUBHHBP 7522 Prog. Plan (3)  
c) PUBHHBP 7528 Prof. Practice (3)  
d) PUBHBIO 6211 Biostatistics 2 (3)  
e) PUBHHBP 7532or7534 Eval. or Res. (3)  
f) PUBHHBP 7542 or 7544 (PH diversity) (3)  
18 credits total | a) PUBHHBP 7520 Commun. Assess. (2)  
b) NO CHANGE  
c) PUBHHBP 7528 Prof. Practice (2)  
d) NO CHANGE  
e) NO CHANGE  
f) NO CHANGE  
REDUCED: 18 to 16 credits total |
| Approved electives | 4 credits; free choice by student | INCREASED: 8 credits; structured to represent a thematic track |
| Practicum | PUBHLTH 7189 2 cr. | NO CHANGE |
| Culminating project seminar and culminating project | PUBHHBP 7899.01 and 7899.02 (1 + 1 cr). PUBHHHLTH 7998 (2 cr.) | NO CHANGE |
| TOTAL | 45 credits | 45 credits |

**Summary of key changes:**

7562 will no longer be required; rather, this knowledge will be incorporated into an accelerated version of the core course, 6515; 7520 and 7528 are each reduced to 2 credits, from 3; and the student will now be required to take 8 credits of electives selected to represent specific track.

**Students in transition who follow the traditional full-time curriculum:**

Students who enter in Autumn 2016 will take the year 1 curriculum under the current rules. In year 2, they will encounter the abbreviated (2 credit) rather than longer (3 credit) version of 7528, Professional Practice. They will be asked to take one additional credit of electives (i.e., 5 credits total rather than 4), which should be easy to accommodate since many electives are 3 credits. They may freely choose appropriate electives, as in the current curriculum. The total program credits (45) will be unchanged.
Students in transition who are part-time or who taking an unconventional course load

Students who entered prior to Autumn 2017 and who are part-time or taking an unconventional sequence of courses will need to be closely monitored. They must continue to fulfill the basic requirement of a 45 credit curriculum and must take the required courses. They will be allowed to freely choose electives rather than choosing electives within a thematic track. All students entering in Autumn 2016 or earlier will be closely monitored during autumn semester to assure they are taking the required course 7562, which augments 6510 for earlier cohorts. That course may no longer be available after Autumn 2016. If our monitoring reveals remaining students in these earlier cohorts who have not been able to take 7562, HBHP will arrange to offer 7562 as needed (e.g., in Autumn 2017) to assure they can meet their course requirements.
2017-2018 Curriculum Guide for Master of Public Health degree program with a specialization in HEALTH BEHAVIOR AND HEALTH PROMOTION

The Master of Public Health (MPH) degree program is designed to provide students with the knowledge and skills for general and specialized applied public health practice, both in the public sector and in private sector careers related to population health. It includes courses within public health’s core disciplines of biostatistics, environmental health science, epidemiology, health behavior & health promotion, and health services management and policy. This broad training is complemented by the more in-depth course work within the specialization including a practicum and culminating experience.

Students admitted to the MPH degree program are assigned a faculty advisor who will provide guidance throughout the program. This document serves as a resource to be used by the student and the advisor in planning a program with a specialization in Health Behavior and Health Promotion (HBHP) but is not inclusive of all important degree, college, and university requirements. All students are expected to be familiar with the College of Public Health (CPH) Graduate Student Handbook (available at http://cph.osu.edu/students/graduate/handbooks) and with the Graduate School Handbook (available at http://www.gradsch.ohio-state.edu/).

PROGRAM OF STUDY

The MPH-HBHP curriculum consists of a minimum of 45 credits organized into five curricular domains:

1. Core courses in areas of knowledge basic to public health (15 credits)
2. Courses required for a specialization in HBHP (16 credits)
3. Approved track Coursework (8 credits)
4. Practicum (2 credits)
5. Culminating Project Seminar and Culminating Project (4 credits)

Public Health Core Courses (15 credits)

Every student in the MPH-HBHP program must take the following courses in areas of knowledge basic to public health:

- **Biostatistics**
  - PUBHBIO 6210 Design and Analysis of Studies in the Health Sciences 3 credits
- **Environmental Health Sciences**
  - PUBHEHS 6310 Principles of Environmental Health Science 3 credits
- **Epidemiology**
  - PUBHEPI 6410 Principles of Epidemiology 3 credits
- **Social and Behavioral Sciences**
  - PUBHHBP 6515 Advanced Disease and Promoting Health 3 credits
- **Health Services Administration**
  - PUBHMP 6610 Introduction to Health Care Organization 3 credits

Required Courses in the Specialization (16 credits)

- PUBHHBP 7520 Community Health Assessment 2 credits
- PUBHHBP 7522 Program Planning and Implementation 3 credits
- PUBHHBP 7528 Foundations of Professional Practice in Health Promotion 2 credits
- PUBHBIO 6211 Design and Analysis of Studies in the Health Sciences II 3 credits
PUBHHBP 7532 Program Evaluation in Public Health
or
PUBHHBP 7534 Research Methods in Health Behavior and Health Promotion
PUBHHBP 7542 Settings and Special Populations in Health Promotion
or
PUBHHBP 7544 Fundamental Determinants of Population Health & Implications

3 credits

Track Coursework (select one track and complete a minimum of 8 credits)

<table>
<thead>
<tr>
<th>Policy Emphasis</th>
<th>Communications Emphasis</th>
<th>Maternal and Child Health</th>
<th>Addressing Health Disparities</th>
<th>Global Health</th>
<th>Obesity Science</th>
</tr>
</thead>
</table>

A student may petition the HBHP faculty for permission to substitute a graduate level course not listed above as an appropriate choice within one of the listed tracks. Students will find course listings for tracks on the Selected Tracks spreadsheet.

Practicum

PUBLTH 7189 Practicum in Public Health 2 credits

Culminating Project and Culminating Project Seminar (4 credits)

PUBHHBP 7899.01 Culminating Project Seminar I 1 credit
PUBHHBP 7899.02 Culminating Project Seminar II 1 credit
PUBLTH 7998 Culminating Project in Public Health 2 credits

Sample Curriculum Plan for the Master of Public Health in Health Behavior and Health Promotion

<table>
<thead>
<tr>
<th>Year 1 Autumn</th>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
<th>Term</th>
</tr>
</thead>
<tbody>
<tr>
<td>PUBHHBP 6515</td>
<td></td>
<td></td>
<td>3</td>
<td>AU</td>
</tr>
<tr>
<td>PUBHHBP 7520</td>
<td></td>
<td></td>
<td>2</td>
<td>AU</td>
</tr>
<tr>
<td>CPH CORE</td>
<td></td>
<td></td>
<td>1</td>
<td>AU</td>
</tr>
<tr>
<td>PUBLTH 6210</td>
<td></td>
<td></td>
<td>1</td>
<td>AU</td>
</tr>
<tr>
<td>PUBHHBP 7522</td>
<td>PUBLTH 7189</td>
<td>Practicum</td>
<td>2 credits</td>
<td>ANY</td>
</tr>
<tr>
<td>PUBHHBP 7532 or PUBLTH 6211 Track Course</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PUBHHBP 7534</td>
<td>Advanced Preventing Disease &amp;Promoting Health Community Health Assessment PUBHEHS 6310 OR PUBHEPI 6410 OR PUBHHMP 6610 Design and Analysis of Studies in the Health Sciences I</td>
<td>3 credits</td>
<td>3 credits</td>
<td>AU, SP*</td>
</tr>
<tr>
<td>PUBHHBP 7899.01</td>
<td>Program Planning and Implementation Program Evaluation in Public Health or Research Methods in Health Behavior and Health Promotion Design and Analysis of Studies in the Health Sciences II Approved Course</td>
<td>3 credits</td>
<td>3 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>PUBHHBP 7899.02</td>
<td>Program Planning and Implementation Program Evaluation in Public Health or Research Methods in Health Behavior and Health Promotion Design and Analysis of Studies in the Health Sciences II Approved Course</td>
<td>3 credits</td>
<td>3 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>CPH CORE</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>Track Courses</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year 1 Summer</th>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
<th>Term</th>
</tr>
</thead>
<tbody>
<tr>
<td>PUBLTH 7189</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>ANY</td>
</tr>
<tr>
<td>PUBHHBP 7542 or CPH CORE Track Courses</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>PUBHHBP 7899.01</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>PUBHHBP 7899.02</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>PUBLTH 7998</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>CPH CORE</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>Track Courses</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year 2 Autumn</th>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
<th>Term</th>
</tr>
</thead>
<tbody>
<tr>
<td>PUBHHBP 7528</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU</td>
</tr>
<tr>
<td>PUBHHBP 7899.02</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>PUBLTH 7998</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>CPH CORE</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>Track Courses</td>
<td></td>
<td></td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>PUBHHBP 7899.01</td>
<td>Settings and Special Populations in Health Promotion or Fundamental Determinants of Population Health &amp; Implications Culminating Project Seminar I PUBHEHS 6310 OR PUBHEPI 6410 OR PUBHHMP 6610 Approved Course(s)</td>
<td>3 credits</td>
<td>3 credits</td>
<td>AU, SP</td>
</tr>
<tr>
<td>PUBHHBP 7899.02</td>
<td>Culminating Project Seminar II Culminating Project in Public Health PUBHEHS 6310 OR PUBHEPI 6410 OR PUBHHMP 6610</td>
<td>2 credits</td>
<td>2 credits</td>
<td>AU, SP</td>
</tr>
</tbody>
</table>

*SP offerings is only offered as a web-based course

Grade Policy:
In addition to the general Graduate School requirements of a cumulative grade point average of 3.0 or higher, students must meet specific college policies regarding grades in Core and specialization courses. Students should familiarize themselves with Section 11 of the College of Public Health Graduate Student Handbook.

Office of Academic Programs and Student Services (OAPSS)
OAPSS staff are available to provide assistance with College, Graduate School and University policies and procedures. Students can make an appointment with a staff member in OAPSS by calling (614) 292-8350. OAPSS address: 100 Cunz Hall/1841 Neil Ave/Columbus, Ohio/ 43210/cph.osu.edu