

**From:** [Smith, Randy](#)  
**To:** [Czerwinski, Stefan \(OSUMC\)](#)  
**Cc:** [Sutherland, Sue](#); [Smith, Randy](#); [Griffiths, Rob](#); [Reed, Katie](#); [Duffy, Lisa](#); [Hunt, Ryan](#); [Weaver, Lindy \(OSUMC\)](#); [Gold, Jennifer \(OSUMC\)](#); [Moore, Amy \(OSUMC\)](#); [Bowles, Wendy](#); [Lorenz, Becky](#); [Rose, Karen](#); [Malone, Helen](#); [Brown, Trevor](#)  
**Subject:** Proposal to move the minor for the Bachelor of Science in Health and Wellness from the College of Nursing to the School of Health and Rehabilitation Sciences  
**Date:** Friday, June 12, 2026 3:07:01 PM  
**Attachments:** [image001.png](#)

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Stefan:

The proposal from the School of Health and Rehabilitation Sciences to move the minor for the Bachelor of Science in Health and Wellness from the College of Nursing to the School of Health and Rehabilitation Sciences was approved by the Council on Academic Affairs at its meeting on June 11, 2026. Thank you for attending the meeting to respond to questions/comments.

No additional level of internal review/approval is necessary. This action will be included in the Council's next Annual Activities Report to the University Senate (July 2026).

The Office of the University Registrar will work with you on any implementation issues.

Please keep a copy of this message for your file on the proposal and I will do the same for the file in the Office of Academic Affairs.

If you have any questions please contact the Chair of the Council, Professor Sue Sutherland (.43), or me.

Randy



**W. Randy Smith, Ph.D.**

Vice Provost for Academic Programs

Office of Academic Affairs

University Square South, 15 E. 15<sup>th</sup> Avenue, Columbus, OH 43201

614-292-5881 Office

[smith.70@osu.edu](mailto:smith.70@osu.edu)

**Assisted by:**

**Katie Reed**

Executive Assistant

(614) 292-5672



206 Atwell Hall  
453 W. 10<sup>th</sup> Ave.  
Columbus, OH 43210  
614-292-4758 Phone  
614-292-0210 Fax  
<https://hrs.osu.edu/>

April 13, 2026

To Council for Academic Affairs (CAA),

We are writing to request to move the Minor for the Bachelor of Science in Health and Wellness (BSHW) from the College of Nursing (CON) to the School of Health and Rehabilitation Sciences (SHRS). Both the CON and SHRS have collaborated on this endeavor and fully support this in light of the BSHW program is on pause and under a state of sunseting.

The courses associated with the Health Coaching Certification are accredited by the National Board-Certified Health and Wellness Coaches (NBHWC). The SHRS supports transitioning the NBHWC accreditation from the CON to SHRS. The faculty who currently teach the courses will also transition to the SHRS. This will retain the certification and trained health coaches who teach in the BSHW minor. Students will continue to sit for a health coaching certificate upon completion of the BSHW minor. The four courses in the minor in addition to the course designated for General Education credit and Health Athlete will be moved from CON to SHRS with this transition.

The courses that will be moved from CON to SHRS:

<b>BSHW Minor Program Coursework</b>	<b>Credit Hours</b>
HW 2210 Dimensions of Wellness and Resilience	3
HW 2220 Wellness in Chronic Conditions	4
HW 3220 Health Promotion Strategies for People with Chronic Conditions	3
HW 3230 Coaching for Health Improvement	3
<b>Other BSHW Courses</b>	
Gen Ed - HW 2102 Optimizing Personal Health, Happiness, and Well-being	3
Other - HW 2110 Health Athlete	1

Once the request is reviewed by CAA, the plan is to update the four courses as SHRS instead of the HW designation as currently established.

Sincerely,

A handwritten signature in black ink, appearing to read "Lindy Weaver". The signature is fluid and cursive, with the first name "Lindy" and last name "Weaver" clearly distinguishable.

Lindy Weaver, PhD, OTR/L  
Associate Professor, Clinical  
School of Health and Rehabilitation Sciences  
Director of Academic Affairs



**THE OHIO STATE UNIVERSITY**  
COLLEGE OF NURSING

**College of Nursing**

364 Newton Hall  
295 W 10<sup>th</sup> Ave  
Columbus, OH 43210

Phone (614) 292-8900  
Fax (614) 292-4535  
Web nursing.osu.edu

April 13, 2026

Dr. W. Randy Smith, Vice Provost for Academic Affairs  
Office of Academic Affairs  
University Square South  
Columbus, OH 43210

Dear Dr. Smith,

I am writing in support move the Minor for the Bachelor of Science in Health and Wellness (BSHW) from the College of Nursing (CON) to the School of Health and Rehabilitation Sciences (SHRS). The CON notified CAA on November 6, 2024, requesting to place the BSHW program on pause due to low enrollment. The CON is planning on transitioning the final students in their senior year (2026-2027) and sunset the program. SHRS has agreed to retain a portion of the BSHW courses.

The courses associated with the BSHW minor do have steady enrollment in addition to the course designated as a General Education course and Health Athlete. The courses noted below that will be moved to SHRS. These courses are listed as electives in the College of Nursing and students are continuing to enroll. Due to the pause, we have students on a waiting list to take courses in which they are interested in below that count towards the Bachelor of Science in Nursing. We anticipate the minor being listed in SHRS will enhance enrollment while continued interest from the CON undergraduate students.

The courses associated with the Health Coaching Certification are accredited by the National Board-Certified Health and Wellness Coaches (NBHWC). The NBHWC accreditation is based on a set of four courses (noted below) that will be moved to the SHRS. The faculty who currently teach the courses will also transition to the SHRS and we will transition the NBHWC accreditation to SHRS. This will retain the certification and trained health coaches who teach in the BSHW minor. Students will continue to sit for a health coaching certification upon completion of the BSHW minor. The four courses of the minor in addition to the General Education Course and Health Athlete will be moved from CON to SHRS with this transition.

The courses that will be moved from CON to SHRS:

<b>BSHW Minor Program Coursework</b>	<b>Credit Hours</b>
HW 2210 Dimensions of Wellness and Resilience	3
HW 2220 Wellness in Chronic Conditions	4

HW 3220 Health Promotion Strategies for People with Chronic  
Conditions 3

HW 3230 Coaching for Health Improvement 3

**Other BSHW Courses**

Gen Ed - HW 2102 Optimizing Personal Health, Happiness, and Well-  
being 3

Other - HW 2110 Health Athlete 1

Thank you for your thoughtful consideration of this concurrence request and moving the BSHW  
courses from the CON to SHRS.

Sincerely,



**Wendy Bowles PhD, APRN-CNP, CNE**

Associate Clinical Professor

Associate Dean for Baccalaureate Programs

Pediatric Nurse Practitioner

College of Nursing

364 Newton Hall, 295 W. 10<sup>th</sup> Ave., Columbus, OH 43210

614-292-4928 Office

bowles.107@osu.edu