

Soave, Melissa

From: Andrew Zircher <AZircher@ehe.osu.edu>
Sent: Friday, December 23, 2011 12:22 PM
To: Wolf, Kay
Cc: Smith, Randy; Soave, Melissa
Subject: RE: Proposals for January 4th

Dear Dr. Wolf,

Regarding the Exercise Science Education proposal- The internship course, EDU PAES 5191.23, is variable credit and repeatable. Students will be required to take a minimum of 10 credits for the major. The intent is to allow students to complete the internship requirement in one semester or allow them to take multiple internships as long as they meet the minimum required for the major.

I will work with PAES faculty to correct documentation and bring specialization terminology into alignment. We will be replacing references to strands and tracks to "specializations".

I checked the math of the requirements and compared this with the PACER table and found that the max credits required outside of the unit should be 87. The increase in the credit hours required outside of the units is due to the increased credit hours for foundational science courses. Chemistry 121, 122, Physics 111 and 112 that are all required for the major in quarters were 5 quarter hours each. Counterparts in semesters, CHEM 1210, 1220, PHYSICS 1200 and 1201 are still required for the major, and are now 5 semester hours each, an increase of 6.8 net semester hours for those courses.

The rest of the math I believe is correct. The difficulty in reconciling may be that the PACER table asks for the minimum required hours for the program. Here is my summary-

Exercise Science specialization-

Minimum required outside the unit- 85
 Maximum required outside of the unit- 87 (e)
 Minimum required from within the unit- 40 (b)
 Maximum required from within the unit- 40
 Total hours for specialization and major- 125-127

Health Promotion specialization-

Minimum required outside the unit- 66 (d)
 Maximum required outside of the unit- 68
 Minimum required from within the unit- 55
 Maximum required from within the unit- 55 (c)
 Total hours for specialization and major- 121(a)-123

And these numbers transferred to the PACER table-

Program credit hour requirements	A) Number of credit hours in current program (Quarter credit hours)	B) Calculated result for 2/3rds of current (Semester credit hours)	C) Number of credit hours required for proposed program (Semester credit hours)	D) Change in credit hours
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Program credit hour requirements		A) Number of credit hours in current program (Quarter credit hours)	B) Calculated result for 2/3rds of current (Semester credit hours)	C) Number of credit hours required for proposed program (Semester credit hours)	D) Change in credit hours
Total minimum credit hours required for completion of program		181	120.7	121 (a)	0.3
Required credit hours offered by the unit	Minimum	59	39.3	40 (b)	0.7
	Maximum	78	52.0	55 (c)	3.0
Required credit hours offered outside of the unit	Minimum	105	70.0	66 (d)	4.0
	Maximum	122	81.3	87 (e)	5.7
Required prerequisite credit hours not included above	Minimum				
	Maximum				

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From: Wolf, Kay [<mailto:Kay.Wolf@osumc.edu>]
Sent: Thursday, December 22, 2011 11:55 AM
To: Andrew Zircher
Cc: smith.70@osu.edu
Subject: Proposals for January 4th

Hello Andy,

Randy Smith and I met this morning to review the proposals coming forward on January 4th, the undergraduate programs and minors. We have a few clarifications that would be helpful.

BS in Nutrition:

The letter of concurrence requested animal science courses to be considered as substitutions for human nutrition courses. This does not appear reflected within the advising sheet or the program discussion. It would be helpful that when this program is presented that the discussion include how the concurrence request was processed.

Also, transition statement appears missing.

BS Exercise Science

The credit hour numbers for the specialization in Exercise Science appear to be 130. I do not believe the front PACER page recognizes this.

Is the internship a range of credits? In the conversion list of courses, 5191.23 is listed as 15 credits; while the advising sheet list it as 10.

While this does not need changed at this moment, note that the unit will want to be consistent in their presentation of the specialization. It is called a strand in the interim director's letter; a track on page 10; and a specialization on the advising sheet.

Let me know if you have questions and I will see you in the New Year!!! Kay



**50 YEARS
1961-2011**



Kay N Wolf, PhD, RD, LD

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Status: PENDING

PROGRAM REQUEST
Exercise Science Education- BS

Last Updated: Zircher, Andrew Paul
10/11/2011

Fiscal Unit/Academic Org	Schl of Phys Act & Educ Serv - D1270
Administering College/Academic Group	Education & Human Ecology
Co-administering College/Academic Group	
Semester Conversion Designation	Converted with minimal changes to program goals and/or curricular requirements (e.g., sub-plan/specialization name changes, changes in electives and/or prerequisites, minimal changes in overall structure of program, minimal or no changes in program goals or content)
Current Program/Plan Name	Exercise Science Education
Proposed Program/Plan Name	Exercise Science Education- BS
Program/Plan Code Abbreviation	EXERSCI-BS
Current Degree Title	Bachelor of Science in Education

Credit Hour Explanation

Program credit hour requirements		A) Number of credit hours in current program (Quarter credit hours)	B) Calculated result for 2/3rds of current (Semester credit hours)	C) Number of credit hours required for proposed program (Semester credit hours)	D) Change in credit hours
Total minimum credit hours required for completion of program		181	120.7	121	0.3
Required credit hours offered by the unit	Minimum	59	39.3	40	0.7
	Maximum	78	52.0	55	3.0
Required credit hours offered outside of the unit	Minimum	105	70.0	66	4.0
	Maximum	122	81.3	85	3.7
Required prerequisite credit hours not included above	Minimum				
	Maximum				

Program Learning Goals

Note: these are required for all undergraduate degree programs and majors now, and will be required for all graduate and professional degree programs in 2012. Nonetheless, all programs are encouraged to complete these now.

Program Learning Goals

- 1. Understand the physiological and behavioral foundations of physical activity, health and fitness.
 - 2. Explain the impact of physical activity, exercise, and sport on the health of individuals, groups, and communities.
- 3. Promote basic and applied research on health, disease prevention, human behavior, and human performance.
 - 4. Assess the educational and fitness needs of individuals, groups and communities to promote health and human performance.
- 5. Implement educational strategies to help individuals, groups, and communities to maintain and enhance physical performance, fitness, health, and quality of life.
- 6. Evaluate strategies to help individuals, groups, and communities to maintain and enhance physical performance, fitness, health, and quality of life.
- 7. Study the structural, functional and behavioral phenomena related to health and exercise behavior in sport, clinical, and community settings.

Assessment

Status: PENDING

PROGRAM REQUEST
Exercise Science Education- BS

Last Updated: Zircher, Andrew Paul
10/11/2011

Assessment plan includes student learning goals, how those goals are evaluated, and how the information collected is used to improve student learning. An assessment plan is required for undergraduate majors and degrees. Graduate and professional degree programs are encouraged to complete this now, but will not be required to do so until 2012.

Is this a degree program (undergraduate, graduate, or professional) or major proposal? Yes

Does the degree program or major have an assessment plan on file with the university Office of Academic Affairs? No

DIRECT MEASURES (means of assessment that measure performance directly, are authentic and minimize mitigating or intervening factors)

Standardized tests

- National standardized examination

Classroom assignments

- Pre- and post-testing
- Other classroom assessment methods (e.g., writing assignments, oral presentations, oral exams)

Evaluation of a body of work produced by the student

- Practicum, internship or research evaluation of student work
- Portfolio evaluation of student work
- Senior thesis or major project
- Capstone course reports, papers, or presentations

INDIRECT MEASURES (means of assessment that are related to direct measures but are steps removed from those measures)

Surveys and Interviews

- Student evaluation of instruction

Additional types of indirect evidence

- Curriculum or syllabus review

USE OF DATA (how the program uses or will use the evaluation data to make evidence-based improvements to the program periodically)

- Meet with students directly to discuss their performance
- Analyze and discuss trends with the unit's faculty
- Make improvements in curricular requirements (e.g., add, subtract courses)
- Make improvements in course content
- Make improvements in course delivery and learning activities within courses
- Periodically confirm that current curriculum and courses are facilitating student attainment of program goals

Program Specializations/Sub-Plans

If you do not specify a program specialization/sub-plan it will be assumed you are submitting this program for all program specializations/sub-plans.

Program Specialization/Sub-Plan Name Exercise Science (Existing)

Program Specialization/Sub-Plan Goals

Program Specialization/Sub-Plan Name Health Promotion (Existing)

Program Specialization/Sub-Plan Goals

Pre-Major

Does this Program have a Pre-Major? Yes

Minimum GPA of 2.75 after completion of 45 hours
Completion of the following courses with a C- or higher: Biology 1113, Chemistry 1210/1220, PAES 2360 (Kinesiology), English 1110, Math 1148
Application packet, including 3 letters of recommendation and Statement of Prof. Goals
Average GPA of students admitted to the Exercise Science Strand in 2008 was 2.28
April 1st deadline (for AU Qtr admission)

Attachments

- HES FINAL Undergrad.docx
(Program Proposal. Owner: Martin,Lindsey Beth)
- Exer_Sci_Edu_Proposal_Documents_092611.pdf: Program Proposal
(Program Proposal. Owner: Zircher,Andrew Paul)
- PAES semester conversion letter of support - HES.docx: Unit Cover Letter
(Letter from Program-offering Unit. Owner: Zircher,Andrew Paul)
- Exercise Science Dean Semester Cover Letter.pdf: College Cover Letter
(Letter from the College to OAA. Owner: Zircher,Andrew Paul)

Comments

- Please ignore the file uploaded by Lindsey Martin. That is an old version of the proposal. *(by Zircher,Andrew Paul on 10/06/2011 09:28 AM)*
- made correction to total semester hours *(by Petosa,Rick Allen on 09/24/2010 12:43 PM)*

Workflow Information

Status	User(s)	Date/Time	Step
Submitted	Petosa,Rick Allen	09/24/2010 12:43 PM	Submitted for Approval
Approved	Wheaton,Joe Edward	09/24/2010 01:33 PM	Unit Approval
Revision Requested	Zircher,Andrew Paul	11/22/2010 08:42 AM	College Approval
Submitted	Wheaton,Joe Edward	12/06/2010 07:57 PM	Submitted for Approval
Approved	Wheaton,Joe Edward	12/06/2010 08:27 PM	Unit Approval
Revision Requested	Zircher,Andrew Paul	06/24/2011 02:04 PM	College Approval
Submitted	Wheaton,Joe Edward	09/12/2011 09:47 AM	Submitted for Approval
Approved	Wheaton,Joe Edward	09/12/2011 10:04 AM	Unit Approval
Revision Requested	Zircher,Andrew Paul	09/27/2011 02:06 PM	College Approval
Submitted	Wheaton,Joe Edward	09/27/2011 04:12 PM	Submitted for Approval
Approved	Wheaton,Joe Edward	09/27/2011 04:15 PM	Unit Approval
Revision Requested	Zircher,Andrew Paul	10/06/2011 09:25 AM	College Approval
Submitted	Zircher,Andrew Paul	10/06/2011 09:29 AM	Submitted for Approval
Approved	Zircher,Andrew Paul	10/06/2011 09:30 AM	Unit Approval
Approved	Zircher,Andrew Paul	10/11/2011 02:39 PM	College Approval
Pending Approval	Cameron,Erin Marie Soave,Melissa A	10/11/2011 02:39 PM	CAA Approval




Office of Academic Affairs
172 Arps Hall, 1945 N. High Street
614 688-4571

Date: October 11, 2011

To: Randy Smith, Vice Provost for Academic Programs
Elliot Slotnick, Associate Dean, Graduate School

From: Jackie Blount, Associate Dean, EHE Academic Affairs

RE: Updated Semester Conversion Package for School of Physical Activity & Educational Services



I am pleased to present updated semester conversion materials for the School of Physical Activity & Educational Services. In what follows, I will outline unique college and school contexts that have shaped the complete package for the School. I will include tables summarizing constituent programs/courses and describe any other pertinent considerations. Finally, you will find Dean's level approval.

College Contexts

The College of Education and Human Ecology was formed in 2006 by merging two colleges (Human Ecology and Education). Curriculum across the new college, however, has remained relatively unchanged. Given this situation, we view the semester conversion process as a fresh opportunity to deepen the merger by building curricular collaborations among our units. We also wish to rethink our pre-existing programs and find ways to make them stronger, more coherent, and streamlined.

To these ends, we have asked faculty in our units to purge their curricula of little-used or less-than-relevant courses. We have challenged faculty to reach across unit lines to forge curricular collaborations by creating new degrees, interdisciplinary specializations, or co-taught courses. We are re-instituting a number of undergraduate teacher preparation programs (B.S.Ed.), each of which draws from courses in units around our college as well as across the university. We have encouraged five of our six units to address findings of the [2008 OSU Doctoral Program Assessment and Plan](#) by strengthening their Ph.D. programs and making them more coherent. They have responded by: 1) defining their Ph.D. programs in alignment with their units -- rather than with their pre-merger college (i.e., Ph.D. in Consumer Science rather than Ph.D. in Human Ecology); and 2) creating true cores for their Ph.D. programs if they did not previously exist. Additionally, an Ed.D. degree in Educational Leadership is being proposed to address the need of school administrators to pursue advanced degrees geared for practitioners. With approval of the Ed.D. and also with recent B.O.R. approval of our other practitioner-oriented programs, an Ed.S. (Education Specialist) program in School Psychology and another in Teaching and Learning, fewer graduate students in the college will pursue Ph.D.s by default than in the past.

We believe that, taken together, these changes will greatly strengthen our programs and clarify our new college identity.

School Notes

Due to College of Education and Human Ecology realignment and requested revisions from the Graduate School Curriculum Committee, the graduate programs from the School of Physical Activity and Educational Services are currently undergoing additional revisions, and will be submitted to the Graduate School and the Council on Academic Affairs in the near future.

Presently, proposals for the Exercise Science Education undergraduate major and the Exercise Science undergraduate minor are being submitted for approval. The major has two specializations, Exercise Science and Health Promotion, which are both converting with minimal changes from their quarter versions. The Exercise Science minor is proposed as converted for students currently in the program, but with a future deactivation date.

Summary Tables

Program	Extent of Change	Notes	Approval by EHE Curr. Committee	Approval by EHE College Council
Ph.D. in Physical Activity and Educational Services	New	Name changed to align with unit name. True common core added.	TBD	TBD
M.A. Education	Converted	Straight conversion.	TBD	TBD
B.S.Ed. in Sport Industry	Re-envisioned	Program updated to align more closely with those offered by peer institutions.	Dec. 9, '10	Jan. 7, '11
B.S.Ed. in Technical Education and Training	Converted	All specializations are converting. Previously the FCS Ed specialization was its own major, but has been brought into TET to combine resources and streamline	Dec. 9, '10	Jan. 7, '11
B.S.Ed. in Special Education	Converted	Straight conversion.	Dec. 9, '10	Jan. 7, '11
B.S.Ed. in Physical Education, Sport, and Physical Activity	Re-envisioned	Mostly straight conversion, but program broken into two strands to better suit students' needs (licensure and non-licensure).	Dec. 9, '10	Jan. 7, '11
B.S.Ed. in Exercise Science Education	Converted	Straight conversion.	Oct. 3 '11	Oct. 7, '11
Minor in Coaching Education	Converted	Straight conversion.	Dec. 9, '10	Jan. 7, '11

Minor in Family and Consumer Sciences Education	Converted	Straight conversion.	Dec. 9, '10	Jan. 7, '11
Minor in Exercise Science	Converted, deactivating	Straight conversion, with future deactivation date.	Oct. 3 '11	Oct. 7, '11
Program	Extent of Change	Notes	Approval by EHE Curr. Committee	Approval by EHE College Council
Licensure - School Nurse (non-degree)	Converted	Straight conversion.	Nov. 30, '10	Dec. 3, '10
Endorsement - Pre K Special Needs (non-degree)	Converted	Allows educators who already possess licenses to add service area (endorsement area).	Dec. 9, '10	Jan. 7, '11

Courses	Number	Extent of Change	Approval by EHE Curr. Committee	Approval by EHE College Council
New graduate courses	11	New	Nov. 30 & Dec. 9, '10	Dec. 3, '10 & Jan. 7, '11
New undergraduate courses	12	New	Nov. 30 & Dec. 9, '10	Dec. 3, '10 & Jan. 7, '11
Total new Courses	25			
Re-envisioned graduate courses	95	Re-envisioned	Nov. 30 & Dec. 9, '10	Dec. 3, '10 & Jan. 7, '11
Re-envisioned undergraduate courses	227	Re-envisioned	Nov. 30 & Dec. 9, '10	Dec. 3, '10 & Jan. 7, '11
Total re-envisioned courses	322			
Graduate courses	34	Converted	Nov. 30 & Dec. 9, '10	Dec. 3, '10 & Jan. 7, '11
Undergraduate courses	63	Converted	Nov. 30 & Dec. 9, '10	Dec. 3, '10 & Jan. 7, '11
Total converted courses	97			
Total number of all courses	444			

College Approval

I have carefully reviewed all semester conversion materials for the School of Physical Activity & Educational Services, having done so conjointly with the EHE Curriculum Committee. I also have discussed these materials with Dean Achterberg. This memo signifies Dean's level approval of the entire semester conversion package for the School of Physical Activity & Educational Services.



PAES Administration

School of Physical Activity & Educational Services
College of Education and Human Ecology
PAES Building, First Floor
305 West 17th Avenue
Columbus, OH 43210-1224

Director: 614-247-6411
FAX: 614-688-4613
<http://ehe.osu.edu/paes/>

September 27, 2011

Office of Academic Affairs
203 Bricker Hall
190 North Oval Mall
Columbus, OH 43210-1358

RE: Letter of support for PAES **Exercise Science Education B.S.Ed.**

Dear Office of Academic Affairs:

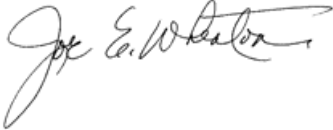
This letter is in support of the conversion of the courses and program of PAES **Exercise Science Education** program from quarters to semesters. The review process began in Winter Quarter of 2010 with all programs in PAES identifying the goals and objectives for the semester curriculums. Programs looked at their current goals and objectives and also examined the goals and objectives of peer institutions, accrediting and licensure agencies, and professional organizations related to the discipline. From this study, the programs constructed their program templates. After the goals were identified, the program coordinators convened meetings of their faculties to examine how the existing curriculums needed to be changed to meet the goals and objectives. In these meetings, faculty largely re-envisioned or converted their existing courses to the semester curriculum. After this process was completed, the coordinators filled in the templates and forwarded them for approval. At this next stage, every program was examined for academic rigor and consistency of the goals to the program and school mission, and every course was scrutinized for its relationship to the program goals. Courses were also examined for consistency and accuracy of title, numbering, audience, and subsidy level before submission for review by the college.

It is my pleasure to support the modified **Exercise Science Education** undergraduate program. The program consists of two strands: Exercise Science and Health Promotion. In general, minimal changes are made to program. Some semester courses are a combination of quarter courses. The courses are for the most part identical. Finally, the content of some quarter courses will be expanded into semester length courses. The proposed changes are consistent with university programs that offer the same degree on a semester schedule. These changes will enable students to acquire more in-depth knowledge and skills to be better prepared for their future careers.

I recommend approval of the **Exercise Science Education** program.

If you have any questions or need more information, please contact me. I am at your service.

Sincerely,

A handwritten signature in black ink, appearing to read "Joe E. Wheaton". The signature is fluid and cursive, with a prominent initial "J" and a long, sweeping underline.

Joe E. Wheaton, Ph.D.
Interim Director
School of Physical Activity and Educational Services

Rationale for Proposed Program Changes and Description of How the Changes will Benefit Students and Enhance Program Quality (Include date of last program revision):

In general, we are making minimal changes to the Exercise Science Program. The two tracks, Exercise Science and Health Promotion, have been carefully redesigned by combining existing courses that target American College of Sport Medicine and Certified Health Education Specialist competencies. No new courses are being proposed for the undergraduate program. Our proposed changes are consistent with university programs that offer the same degree on a semester schedule. The change will benefit our students because the semester system will enable more in depth study of important topics and more time in practicum and internship placements. The program was last revised in 2000 when we created the two specializations

Quarter to Semester Tables: Exercise Science Courses

Exercise Science specialization

BIOCHEM 2210	4	BIOCHEM 211 and 212	6
PHYSIO 3101	3	PHYSIO 311	5
PHYSIO 3102	3	PHYSIO 312	5
HUMN NTR 2310	3	HUMN NTR 310	5
ANATOMY 3300	5	ANAT 199.04	5
PHYSICS 1200	5	PHYSICS 111	5
PHYSICS 1201	5	PHYSICS 112	5
ALLI MED 5550	3	ALLI MED 661	4
PHARM 4400	2	PHARM 480	3
EDU PAES 1147 Prin of Fit & Well	1	EDU PAES 147: Conditioning Principles	1
EDU PAES 1103- Intr to Hlth & Wllnss in Am Soc	1	EDU PAES 103: Health & Wellbeing in American Society	3
EDU PAES 2360 Kinesiology	4	EDU PAES 360 and 361: Kinesiology and Kinesiology Lab	3 + 1
EDU PAES 4490 Graded Exer Testing	1	EDU PAES 490: Fitness Program Development and Evaluation: Graded Exercise Testing	3
EDU PAES 2542 Lfspn Mtr Devel	3	EDU PAES 542: Lifespan Motor Development	5
EDU PAES 5491 Body Comp Eval	1	EDU PAES 490.11: Fitness Program Development and Evaluation: Body Composition Evaluation	2
EDU PAES 5492 Muscl Strength &Tsting	1	EDU PAES 490.12: Fitness Program Development and Evaluation: Muscular Strength and Endurance	2
EDU PAES 5493 Older Adult Exer Prescrp	1	EDU PAES 490.13: Fitness Program Development and Evaluation: General Fitness Evaluation	2
EDU PAES 4525 Prom Beh Chnge	3	EDU PAES 525: Promoting Behavior Change in Sport, Leisure, & Exercise	3
EDU PAES 5652 Wrkste Hlth Prom	3	EDU PAES 652: Health Promotion in the Workplace	3
EDU PAES 3414 Applied Exercise Physiology	4	EDU PAES 414/415: App Phys of Exer and 514/515: App Phys of Exer II	4 + 4
EDUPAES 5704 Hlth Prog Eval	3	EDU PAES 704: Evaluation in Health Education	3
EDU PAES 5685 Adlt Exer Prog-Implementation	3	EDU PAES 685: Adult Exercise Program- Implementation	3
EDU PAES 5661.01 Beg Exer Phys Lab	1	EDU PAES 660.01: Laboratories in Exercise Physiology: Introductory	1
EDU PAES 5191.23 Internship	15	EDU PAES 589.02: Internship: Exercise Science	15

Health Promotion specialization

PHYSIO 3101	3	PHYSIO 311	5
PHYSIO 3102	3	PHYSIO 312	5
HUMN NTR 2310	3	HUMN NTR 310	5
ANATOMY 2300	4	ANAT 199.04	5
EDU PAES 1147 Prin of Fit & Well	1	EDU PAES 147: Conditioning Principles	1
EDU PAES 1103 Intr to Hlth & Wllnss in Am Soc	2	EDU PAES 103: Health & Wellbeing in American Society	3
EDU PAES 2360 Kinesiology	4	EDU PAES 360 and 361: Kinesiology and Kinesiology Lab	3 + 1
EDU PAES 4490 Graded Exer Testing	1	EDU PAES 490: Fitness Program Development and Evaluation: Graded Exercise Testing	3
EDU PAES 5491 Body Comp Eval	1	EDU PAES 490.11: Fitness Program Development and Evaluation: Body Composition Evaluation	2
EDU PAES 5492 Muscl Strength & Tsting	1	EDU PAES 490.12: Fitness Program Development and Evaluation: Muscular Strength and Endurance	2
EDU PAES 5493 Older Adult Exer Prescrp	1	EDU PAES 490.13: Fitness Program Development and Evaluation: General Fitness Evaluation	2
EDU PAES 3209 Orient to Exerc Sci	1	EDU PAES 209: Orientation to Exercise Science	1
EDU PAES 4525 Prom Beh Chnge	3	EDU PAES 525: Promoting Behavior Change in Sport, Leisure, & Exercise	3
EDU PAES 5652 Wrkste Hlth Prom	3	EDU PAES 652: Health Promotion in the Workplace	3
EDU PAES 3414 Applied Exercise Phys	4	EDU PAES 414: Applied Physiology of Exercise I and 514: Applied Physiology of Exercise II	3 + 3
EDU PAES 5703 Health Behavior Theory	3	EDU PAES 703: Health Behavior Change in Adulthood and Later Years	3
EDUPAES 5704 Hlth Prog Eval	3	EDU PAES 704: Evaluation in Health Education	3
EDU PAES 5685 Adlt Exer Prog-Implementation	3	EDU PAES 685: Adult Exercise Program- Implementation	3
EDU PAES 5661.01 Beg Exer Phys Lab	1	EDU PAES 660.01: Laboratories in Exercise Physiology: Introductory	1
EDU PAES 2250 Cancer Prevention	2	EDU PAES 250: How to Avoid Dying from Cancer Now and Later	2
EDU PAES 2204 Sexuality and Health	2	EDU PAES 204: Sexuality and Health	3
EDU PAES 5191.23 (589.02) Internship	15	EDU PAES 589.02: Internship: Exercise Science	15
EDU PAES 3314 (314) AIDS Awareness	2	EDU PAES 314 AIDS: What Every College Student Should Know	3
EDU PAES 5651 (561) Health Prog Planning	3	EDU PAES 651: Health Program Planning	3
EDUPAES 5636 Schl Hlth Cnsl	3	EDU PAES 636: Teaching Health	3

CURRENT ADVISING SHEETS: Exercise Science
Minimum hours required for graduation: 181

Exercise Science strand	Autumn Quarter	Winter Quarter	Spring Quarter
Year 1 <i>48/181</i>	EDU PAES 100 (1) Math 148 (4) English 110 (5) GEC (5) 15 credits	GEC (5) Math 150 (5) Chemistry 121 (5) EDU PAES 103 (3) 18 credits	Chemistry 122 (5) Statistics 135 or 145 (5) Approved Activity (1) * EDU PAES 360&361 (4) 15 credits
Year 2 Apply to the program by April 1st (minimum 2.75 GPA required) <i>94/181</i>	Biology 113 (5) Biochemistry 211 (3) GEC (5) 2 nd Writing GEC (5) 18 credits	Anatomy 199.04 (5) Biochemistry 212 (3) Physics 111 (5) 13 credits	Physics 112 (5) Athletic Training 661 (4) GEC (5) Approved Activity (1) * 15 credits
Year 3 <i>141/181</i>	Physiobc 311 (5) EDU PAES 209 (1) Human Nutrition 310 (5) GEC (5) 16 credits	Pharmacol 600 or Pharmacy 480 (3) Physiobc 312 (5) EDU PAES 414/415 (4) EDU PAES 490.xx (2) Approved Activity (1) * 15 credits	EDU PAES 514/515 (4) EDU PAES 490.xx (2) EDU PAES 525 (3) EDU PAES 652 (3) EDU PAES 660.01/685 (4) 16 credits
Year 4 <i>181/181</i>	EDU PAES 651 (3) GEC (5) Electives (4) 12 credits	EDU PAES 490.10 (3) EDU PAES 542 (5) GEC (5) 13 credits	EDU PAES 589.01 (15) 15 credits
Notes: Courses in bold are only offered once a year in the specified quarter			

CURRENT ADVISING SHEETS: Health Promotion Strand

Minimum hours required for graduation 183

	Autumn Quarter	Winter Quarter	Spring Quarter
Year 1 <i>48/181</i>	EDU PAES 100 (1) English 110 (5) Math 148 (4) GEC (5) 15 credits	Chemistry 121 (5) GEC (5) Math 150 (5) EDU PAES 204 (3) 18 credits	GEC (5) EDU PAES 250 (2) EDU PAES 360&361 (4) Chemistry 122 (5) 16 credits
Year 2 Apply to the program by April 1st (minimum 2.75 GPA required) <i>94/181</i>	EDU PAES 103 (3) Statistics 135 or 145 (5) Biology 113 (5) Anatomy 199.04 (5) 18 credits	Physics 111 (5) EDU PAES 314 (3) GEC (5) 13 credits	Human Nutrition 310 (5) 2 nd Writing GEC (5) Physics 112 (5) Approved Activity (1) * Approved Activity (1) * 17 credits
Year 3 <i>141/181</i>	EDU PAES 209 (1) EDU PAES 651 (3) Physiocrb 311 (5) GEC (5) 14 credits	EDU PAES 414/415 (4) EDU PAES 490.XX (2) EDU PAES 525 (3) Physiocrb 312 (5) Approved Activity (1) * 15 credits	EDU PAES 490.XX (2) EDU PAES 637 (3) EDU PAES 703 (3) EDU PAES 660.01/685 (4) 12 credits
Year 4 <i>181/181</i>	EDU PAES 612 (3) EDU PAES 605 (3)** EDU PAES 652 (3) GEC (5) 14 credits	EDU PAES 490.10 (3) EDU PAES 542 (5) EDU PAES 704 (3) GEC (5) 16 credits	EDU PAES 589.02 (15) 15 credits
Note: Courses in bold are only offered once a year in the specified quarter			



Bachelor of Science in Education

Exercise Science Education

What are the requirements for completion of the Exercise Science Specialization?

GENERAL EDUCATION: 52-54 Hours

Educating students to solve problems; to think critically, logically, scientifically, and creatively; and to be engaged and responsible citizens

WRITING:
6 Hours

English 1110.01, 1110.02, or
1110.03 ____

Any 2367 from EHE GE List ____

MATH:
5-7 Hours

Placement 2 or better or Math 1148 ____

MATH 1149 or 1150 ____

SCIENCE:
1 Hours

BIOL 1113 ____

CHEM 1210 ____ and CHEM 1220 ____

ARTS:
3 Hours

From EHE GE List ____

LITERATURE:
3 Hours

From EHE GE List ____

HISTORICAL STUDY:
3 Hours

From EHE GE List ____

Cultures & Ideas or
Historical Study: 3 Hours

From EHE GE List ____

DATA ANALYSIS:
3 Hours

From EHE GE List ____

SOCIAL SCIENCE: 6 Hours

Take two courses from EHE GE List
from two subcategories ____ ____

OPEN OPTIONS: 6 Hours

Choose GE approved courses, service learning or study
abroad ____ ____

SOCIAL DIVERSITY IN THE U.S.: 0 Hours

Psychology 1100 completes requirement- double-
count permitted

GLOBAL STUDIES: 0 Hours (2 Courses)

Select Literature, Arts, Historical Study, or Cultures & Ideas with global
focus- double-count permitted

MAJOR COURSES: 78 Hours

Complete each course in this box- 78 Hours

EHE 1100- Intro to Edu & Hum Ecol Degree Planning- 1Hr ____
BIOCHEM 2210- Elements of Biochemistry- 4Hr ____
PHYSIO 3101- Prin of Hmn Physlgy I- 3Hr ____
PHYSIO 3102- Prin of Hmn Physlgy II- 3Hr ____
HUMN NTR 2310- Fndmntls of Nutrition- 3Hr ____
ANATOMY 2300- Hmn Anatomy- 4Hr ____
PHYSICS 1200- Mchncs, Knmtcs, Flds, Waves- 5Hr ____
PHYSICS 1201- E&M, Optics, Mdrn Physics- 5Hr ____
ALLI MED 5550- Survey of Sprts Med- 3Hr ____
PHARM 4400- Integrated Pharmacology- 2Hr ____

EDU PAES 1147- Prin of Ftnss & Wltnss- 1Hr ____
EDU PAES 1103- Intr Hlth & Wltnss in Amer Soc- 1Hr ____
EDU PAES 2360- Kinesiology- 4Hr ____
EDU PAES 4490- Graded Exer Testing- 1Hr ____
EDU PAES 2542- Lfspn Mtr Devel- 3Hr ____
EDU PAES 5491- Body Comp Eval- 1Hr ____
EDU PAES 5492- Muscl Strength & Testing- 1Hr ____
EDU PAES 5493- Older Adult Exer Prescrip- 1Hr ____
EDU PAES 4525- Prom Beh Chnge- 3Hr ____

EDU PAES 5652- Wrkste Hlth Prom- 3Hr ____
EDU PAES 3414- Applied Exer Physiology- 4Hr ____
EDU PAES 5704- Hlth Prog Eval- 3Hr ____
EDUPAES 5685- Adlt Exer Prog- Implementation- 3Hr ____
EDU PAES 5661.01- Beg Exer Phys Lab- 1Hr ____
EDU PAES 5191.23- Internship- 10Hr ____

Minimum Total Hours: 125-127 Elective Hours: 0

SUGGESTED FOUR YEAR PLAN

Autumn First Year
CHEM 1210
MATH 1150
ENGLISH 1110.01
Art
EHE 1100

Spring First Year
CHEM 1220
ANTOMY 2300
Literature
Social Science

Autumn Second Year
PHYSIO 3101
Second Writing
Social Science
Data Analysis
BIOLOGY 1113

Spring Second Year
PHYSIO 3102
HUMN NTR 2310
ALLI MED 5550
EDU PAES 1103
EDU PAES 1147
BIOCHEM 2210

Autumn Third Year
PHYSICS 1200
EDUPAES 2360
EDU PAES 4490
EDU PAES 2542
Historical Study

Spring Third Year
PHYSICS 1201
PHARM 4400
EDU PAES 4525
EDU PAES 5491
Cultures&Ideas/Hist
EDU PAES 5492
EDUPAES 5493

Autumn Fourth Year
EDU PAES 5652
EDU PAES 3414
EDU PAES 5704
EDU PAES 5685
EDU PAES 5661.01
Open Option

Hours: 17

Hours: 15

Hours: 16

Hours: 15

Hours: 16

Hours: 16

Hours: 17

Hours: 13

Creating Your Own Scheduling Plan

Step 1: Access your Degree Audit Report (DARSweb) at "My Student Center" on <https://buckeyelink.osu.edu> and on the front of this sheet check off the courses that you have completed

Step 2: For remaining requirements, note prerequisites and terms offered

Step 3: For each term below, project when you expect to complete remaining requirements

Semester: _____	Semester: _____	Semester: _____	Semester: _____	Semester: _____	Semester: _____	Semester: _____	Semester: _____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____

Major Courses: Terms offered and prerequisites

EHE 1100– Au, Sp, Su
 PHYSIO 3101– Au, Sp, Su; Two semesters of chemistry
 PHYSIO 3102– Au, Sp, Su; PHYSIO 3101
 BIOCHEM 2210– Au, Sp, Su; CHEM 1111 or CHEM 1210
 HUMN NTR 2310– Au, Sp, Su; BIOLOGY 1113, CHEM 1210, and CHEM 1220
 ANATOMY 3300– Au, Sp, Su
 PHYSICS 1200– Au, Sp, Su; Eligibility for MATH 1150
 PHYSICS 1201– Au, Sp, Su; PHYSICS 1200
 ALLI MED 5550– Au, Sp, Su
 PHARM 4400– Au, Sp, Su; PHYSIO 3102, enrollment in BSPS or permission of instructor
 EDU PAES 1103– Au, Sp, Su
 EDU PAES 1147– Au, Sp, Su
 EDU PAES 2360– Au, Sp, Su
 EDU PAES 4490– Au, Sp, Su
 EDU PAES 2542– Au, Sp, Su
 EDU PAES 5491– Au, Sp, Su; Rank 3 or higher
 EDU PAES 5492– Au, Sp, Su; Rank 3 or higher
 EDU PAES 5493– Au, Sp, Su; EDU PAES 5490, EDU PAES 5685, and rank 3 or higher
 EDU PAES 4525– Au, Sp, Su; Admission to major

EDU PAES 5652– Au, Sp, Su; EDU PAES 5651 and rank 3 or higher
 EDU PAES 3414– Au, Sp, Su; PHYSIO 3102
 EDU PAES 5704– Au, Sp, Su; Rank 4, EDU PAES 5651, and EDU PAES 5652
 EDU PAES 5685– Au, Sp, Su; Concurrent with EDU PAES 5661.01
 EDU PAES 5661.01– Au, Sp, Su; Concurrent with EDU PAES 5685
 EDU PAES 5191.23– Au, Sp, Su; Rank 3 or higher and HES major

Semester curriculum advising sheet

BACHELOR OF SCIENCE in Education, Exercise Science, Exercise Science Specialization 2012-2013
Effective for NFQF or Transfer students admitted to the College of Education and Human Ecology SU 12 - SP 13
Name

COURSE & NUMBER	HRS	GR	SM/YR	COURSE & NUMBER	HRS	GR	SM/YR
UNIVERSITY REQUIREMENTS (52-54)				EHE 1100 (1)		1	
Writing (6)							
English 1110.01 or 1110.03	3			Foundational Science Requirements (72)			
Level 2 Writing Course (2367)	3			BIOCHEM 2210	4		
Literature (3)	3			PHYSIO 3101	3		
Arts (3)	3			PHYSIO 3102	3		
Math (5-7)				HUMN NTR 2310	3		
Math Placement 2 or higher, MATH 1148 or Equiv	0-4			ANATOMY 2300	4		
MATH 1149 or 1150	3-5			PHYSICS 1200	5		
Data Analysis (3)	3			PHYSICS 1201	5		
				ALLI MED 5550	3		
¹Natural Sciences (14)		PHARM		4400	2		
BIOLOGY 1113	4			EDU PAES 1147 Prin of Fit & Well	1		
CHEM 1210 and 1220	10			EDU PAES 1103- Intr to Hlth & Wllnss in Am Soc	1		
				EDU PAES 2360 Kinesiology	4		
Historical Study (3)	3			EDU PAES 4490 Graded Exer Testing	1		
Social Sciences (6)	6			EDU PAES 2542 Lfspn Mtr Devel	3		
				EDU PAES 5491 Body Comp Eval	1		
				EDU PAES 5492 Muscl Strength & Tsting	1		
Cultures & Ideas or Historical Study (3)	3			EDU PAES 5493 Older Adult Exer Prescrp	1		
Open Option (6)				EDU PAES 4525 Prom Beh Chnge	3		
Choice	3			EDU PAES 5652 Wrkste Hlth Prom	3		
Choice	3			EDU PAES 3414 Applied Exercise Physiology	4		
				EDUPAES 5704 Hlth Prog Eval	3		
				EDU PAES 5685 Adlt Exer Prog-Implementation	3		
				EDU PAES 5661.01 Beg Exer Phys Lab	1		
				EDU PAES 5191.23 Internship	10		
Electives (0)				CREDIT HRS REQUIRED	125-127		

Students must complete one Social Diversity in the US course, which is typically met by selecting a 2367 or Social Science course that meets this requirement.

Students must complete two Global Issues courses, which are typically met by selecting Literature, Art, Cultures & Ideas, or Historical Study courses that meet this requirement



Bachelor of Science in Education

Exercise Science Education

What are the requirements for completion of the Health Promotion Specialization?

GENERAL EDUCATION: 52-54 Hours

Educating students to solve problems; to think critically, logically, scientifically, and creatively; and to be engaged and responsible citizens

WRITING:
6 Hours

English 1110.01, 1110.02, or 1110.03 ____

Any 2367 from EHE GE List ____

MATH:
5-7 Hours

Placement 2 or better or Math 1148 ____

MATH 1149 or 1150 ____

SCIENCE:
1 Hours

BIOL 1113 ____

CHEM 1210 ____ and CHEM 1220 ____

ARTS:
3 Hours

From EHE GE List ____

LITERATURE:
3 Hours

From EHE GE List ____

HISTORICAL STUDY:
3 Hours

From EHE GE List ____

Cultures & Ideas or
Historical Study: 3 Hours
From EHE GE List ____

DATA ANALYSIS:
3 Hours
From EHE GE List ____

SOCIAL SCIENCE: 6 Hours
Take two courses from EHE GE List
from two subcategories ____ ____

OPEN OPTIONS: 6 Hours

Choose GE approved courses, service learning or study
abroad ____ ____

SOCIAL DIVERSITY IN THE U.S.: 0 Hours

Psychology 1100 completes requirement- double-
count permitted

GLOBAL STUDIES: 0 Hours (2 Courses)

Select Literature, Arts, Historical Study, or Cultures & Ideas with global
focus- double-count permitted

MAJOR COURSES: 69 Hours

Complete each course in this box- 69 Hours

EHE 1100- Intro to Edu & Hum Ecol Degree Planning- 1Hr ____
 PHYSIO 3101- Prin of Hmn Physlgy I- 3Hr ____
 PHYSIO 3102- Prin of Hmn Physlgy II- 3Hr ____
 HUMN NTR 2310- Fndmntls of Nutrition- 3Hr ____
 ANATOMY 2300- Hmn Anatomy- 4Hr ____
 PHYSICS 1200- Mchncs, Knmtcs, Flds, Waves- 5Hr ____
 PHYSICS 1201- E&M, Optics, Mdrn Physics- 5Hr ____
 EDU PAES 1147- Prin of Ftncs & Wllnss- 1Hr ____
 EDU PAES 1147- Prin of Ftncs & Wllnss- 1Hr ____
 EDU PAES 1103- Intr Hlth & Wllnss in Amer Soc- 1Hr ____

EDU PAES 2360- Kinesiology- 4Hr ____
 EDU PAES 4490- Graded Exer Testing- 1Hr ____
 EDU PAES 3209- Orient to Exer Sci- 1Hr ____
 EDU PAES 4525- Prom Beh Chng- 3Hr ____
 EDU PAES 3414- Applied Exer Physiology- 4Hr ____
 EDU PAES 2250- Cancer Prevention- 2Hr ____
 EDU PAES 2204- Sexuality & Health- 2Hr ____
 EDU PAES 3314- AIDS Awareness- 2Hr ____
 EDU PAES 5491- Body Comp Eval- 1Hr ____
 EDU PAES 5492- Muscl Strength & Testing- 1Hr ____

EDU PAES 5493- Older Adult Exer Prescrip- 1Hr ____
 EDU PAES 5636- Teaching of Health- 3Hr ____
 EDU PAES 5651- Health Prog Planning- 3Hr ____
 EDU PAES 5652- Wrkste Hlth Prom- 3Hr ____
 EDU PAES 5703- Hlth Behav Thry- 3Hr ____
 EDU PAES 5704- Hlth Prog Eval- 3Hr ____
 EDUPAES 5685- Adlt Exer Prog- Implementation- 3Hr ____
 EDU PAES 5661.01- Beg Exer Phys Lab- 1Hr ____
 EDU PAES 5191.23- Internship- 10Hr ____

Minimum Total Hours: 121-123 Elective Hours: 0

SUGGESTED FOUR YEAR PLAN

Autumn First Year
CHEM 1210
MATH 1150
ENGLISH 1110.01
Art
EHE 1100

Spring First Year
CHEM 1220
ANTOMY 2300
Literature
Social Science
EDU PAES 1147
EDU PAES 1103

Autumn Second Year
PHYSIO 3101
Second Writing
Social Science
Data Analysis
BIOLOGY 1113
EDU PAES 1147

Spring Second Year
PHYSIO 3102
HUMN NTR 2310
EDUPAES 3209
EDU PAES 4490
EDU PAES 2250
Open Option
Historical Study

Autumn Third Year
PHYSICS 1200
EDUPAES 2360
EDU PAES 5651
EDU PAES 5492
EDU PAES 2204

Spring Third Year
PHYSICS 1201
EDU PAES 4525
EDU PAES 5491
Cultures&Ideas/Hist
EDUPAES 5493
EDU PAES 5636
EDU PAES 3314

Autumn Fourth Year
EDU PAES 5652
EDU PAES 3414
EDU PAES 5704
EDU PAES 5685
EDU PAES 5661.01
EDU PAES 5703

Hours: 17

Hours: 17

Hours: 17

Hours: 16

Hours: 15

Hours: 18

Hours: 17

Hours: 13

Creating Your Own Scheduling Plan

Step 1: Access your Degree Audit Report (DARSweb) at "My Student Center" on <https://buckeyelink.osu.edu> and on the front of this sheet check off the courses that you have completed

Step 2: For remaining requirements, note prerequisites and terms offered

Step 3: For each term below, project when you expect to complete remaining requirements

Semester: _____	Semester: _____	Semester: _____	Semester: _____	Semester: _____	Semester: _____	Semester: _____	Semester: _____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____

Major Courses: Terms offered and prerequisites

EHE 1100– Au, Sp, Su
 PHYSIO 3101– Au, Sp, Su; Two semesters of chemistry
 PHYSIO 3102– Au, Sp, Su; PHYSIO 3101
 HUMN NTR 2310– Au, Sp, Su; BIOLOGY 1113, CHEM 1210, and CHEM 1220
 ANATOMY 2300– Au, Sp, Su
 PHYSICS 1200– Au, Sp, Su; Eligibility for MATH 1150
 PHYSICS 1201– Au, Sp, Su; PHYSICS 1200
 EDU PAES 1103– Au, Sp, Su
 EDU PAES 1147– Au, Sp, Su
 EDU PES 2204– Au, Sp, Su
 EDU PAES 2250– Au, Sp, Su
 EDU PAES 2360– Au, Sp, Su
 EDU PAES 2542– Au, Sp, Su
 EDU PAES 3209– Au, Sp, Su; admission to Exercise Science major
 EDU PAES 3314– Au, Sp, Su
 EDU PAES 3414– Au, Sp, Su; PHYSIO 3102
 EDU PAES 4490– Au, Sp, Su
 EDU PAES 4525– Au, Sp, Su; Admission to major
 EDU PAES 5191.23– Au, Sp, Su; Rank 3 or higher and HES major

EDU PAES 5491– Au, Sp, Su; Rank 3 or higher
 EDU PAES 5492– Au, Sp, Su; Rank 3 or higher
 EDU PAES 5493– Au, Sp, Su; EDU PAES 5490, EDU PAES 5685, and rank 3 or higher
 EDUPAES 5636– Au, Sp, Su
 EDU PAES 5651Au, Sp, Su
 EDU PAES 5652– Au, Sp, Su; EDU PAES 5651 and rank 3 or higher
 EDU PAES 5661.01– Au, Sp, Su; Concurrent with EDU PAES 5685
 EDU PAES 5685– Au, Sp, Su; Concurrent with EDU PAES 5661.01
 EDU PAES 5703– EDU PAES 5651 and rank 3
 EDU PAES 5704– Au, Sp, Su; Rank 4, EDU PAES 5651, and EDU PAES 5652

Semester curriculum advising sheet

BACHELOR OF SCIENCE in Education, Exercise Science, Health Promotion 2012-2013
Effective for NFQF or Transfer students admitted to the College of Education and Human Ecology SU 12 - SP 13

Name _____

COURSE & NUMBER	SEM	GR		COURSE & NUMBER	SEM	GR	
UNIVERSITY REQUIREMENTS (52-54)				HUMAN EC 100 (1)	1		
Writing (6)							
English 1110.01 or 1110.03	3			Foundational Science Requirements (13)			
Level 2 Writing Course	3			PHYSIO 3101	3		
				PHYSIO 3102	3		
Literature (3)	3			HUMN NTR 2310	3		
				ANATOMY 2300	4		
Arts (3)	3						
Math (5-7)							
Math Placement 2 or better, MATH 1148 or Equiv	0-4						
MATH 1149 or 1150	3-5			EDU PAES Major Requirements (55)			
				EDU PAES 1147 Prin of Fit & Well	1		
Data Analysis STAT 1350 or equiv	3			EDU PAES 1147 Prin of Fit & Well	1		
				EDU PAES 1103 Intr to Hlth & Wllnss in Am Soc	2		
¹ Natural Sciences				EDU PAES 2360 Kinesiology	4		
BIOLOGY 1113	4			EDU PAES 4490 Graded Exer Testing	1		
CHEM 1210 and 1220	10			EDU PAES 5491 Body Comp Eval	1		
				EDU PAES 5492 Muscl Strength & Tsting	1		
Historical Study	3			EDU PAES 5493 Older Adult Exer Prescrip	1		
				EDU PAES 3209 Orient to Exerc Sci	1		
Social Science (From 2 of 3 categories)	6			EDU PAES 4525 Prom Beh Chnge	3		
				EDU PAES 5652 Wrkste Hlth Prom	3		
Cultures & Ideas of Historical Study (3)	3			EDU PAES 3414 Applied Exercise Phys	4		
				EDU PAES 5703 Health Behavior Theory	3		
Open Option (6)				EDUPAES 5704 Hlth Prog Eval	3		
Choice	3			EDU PAES 5685 Adlt Exer Prog-Implementation	3		
Choice	3			EDU PAES 5661.01 Beg Exer Phys Lab	1		
				EDU PAES 2250 Cancer Prevention	2		
				EDU PAES 2204 Sexuality and Health	2		
				EDU PAES 5191.23 Internship	10		
				EDU PAES 3314 AIDS Awareness	2		
				EDU PAES 5651 Health prog Planning	3		
				EDU PAES 5636 Teaching of Health	3		
Electives (0)				CREDIT HRS REQUIRED	121-123		

Students must complete one Social Diversity in the US course, which is typically met by selecting a 2367 or Social Science course that meets this requirement.

Students must complete two Global Issues courses, which are typically met by selecting Literature, Art, Cultures & Ideas, or Historical Study courses that meet this requirement.

TRANSITION POLICY

Transition Policy Statement

Students in the Exercise Science program who began their degree under the quarter system and must transition to the semester system will not be delayed nor disrupted toward progress to their degree if they

- decide on their major and degree within a time compatible with four-year graduation;
- meet the standards for progress defined by their academic unit and continue to complete appropriate course loads successfully; and
- actively develop and follow academic plans in consultation with their academic advisors.

The following policies may be used by advisors when working with students to assure their progress toward the degree:

- a. Allow students to move from their original quarter program to the new semester program sheet.
- b. The 2011-2012 Program Sheets will not be changed in a way that would make the transition more difficult.
- c. Waive prerequisites for semester courses when necessary.
- d. Encourage current Freshmen and Sophomore students interested in Exercise Science to take the semester appropriate general education (GEC) courses when possible.
- e. Advisors will have a “suggested list” of appropriate substitution courses for those students who have taken parts of courses that may be combined for the semester conversion. Advising for these will be on an individual basis.
- f. For courses that have minimal changes automatic transfer of credits may be used.
- g. The same sequence of courses and content will be followed, but on a semester schedule. Thus, the courses offered in the first, second, third, and fourth year of the undergraduate program on a quarter schedule will be essentially the same as on the semester schedule.

Sample Transition Plans

Exercise Science Specialization- Two Years on Quarters, Two Years on Semesters

AU QTR Y1	WI QTR Y1	SP QTR Y1
EDU PAES 100	Art GEC	CHEM 122
MATH 148	MATH 150	STAT 135
ENGLISH 110.01	CHEM 121	EDU PAES 147
Literature	EDU PAES 103	EDU PAES 360 and 361
Hours: 15	Hours: 18	Hours: 15

AU QTR Y2	WI QTR Y2	SP QTR Y2
BIOLOGY 113	ANAT 199.04	PHYSICS 112 (Open Opt)
BIOCHEM 211	BIOCHEM 212	ALLI MED 661
Social Science	PHYSICS 111 (Open Opt)	Social Science
Second Writing		
Hours: 18	Hours: 13	Hours: 14

AU SEM Y3	SP SEM Y3
PHYSIO 3101	PHYSIO 3102
EDU PAES 4490	EDU PAES 5491
HUMN NTR 2310	PHARM 4400
EDU PAES 3414	EDU PAES 2542
EDU PAES 4525	EDU PAES 5652
Hours: 14	Hours: 12

AU SEM Y4	SP SEM Y4
EDU PAES 5492	EDU PAES 5191.23
Historical Study	Cultures & Ideas/ Hist
EDU PAES 5685 and 5661.01	
EDU PAES 5704	
EDU PAES 5493	
Hours: 12	Hours: 18

Exercise Science Specialization- One Year on Quarters, Three Years on Semesters

AU QTR Y1	WI QTR Y1	SP QTR Y1
EDU PAES 100	Art GEC	CHEM 122
MATH 148	MATH 150	STAT 135
ENGLISH 110.01	CHEM 121	EDU PAES 147
Literature	EDU PAES 103	EDU PAES 360 and 361
Hours: 15	Hours: 18	Hours: 15

AU SEM Y2	SP SEM Y2
BIOLOGY 1113	ANAT 2300
BIOCHEM 2210	Second Writing
Social Science	Social Science
PHYSICS 1200	PHYSICS 1201
Hours: 16	Hours: 15

AU SEM Y3	SP SEM Y3
PHYSIO 3101	PHYSIO 3102
EDU PAES 4490	EDU PAES 5491
HUMN NTR 2310	PHARM 4400
EDU PAES 3414	EDU PAES 2542
EDU PAES 4525	EDU PAES 5652
	ALLI MED 5550
Hours: 14	Hours: 15

AU SEM Y4	SP SEM Y4
EDU PAES 5492	EDU PAES 5191.23
Historical Study	Cultures & Ideas/ Hist
EDU PAES 5685 and 5661.01	
EDU PAES 5704	
EDU PAES 5493	
Hours: 12	Hours: 18

Health Promotion Specialization- Two Years on Quarters, Two Years on Semesters

AU QTR Y1	WI QTR Y1	SP QTR Y1
EDU PAES 100	Art GEC	CHEM 122
MATH 148	MATH 150	STAT 135
ENGLISH 110.01	CHEM 121	EDU PAES 147
Literature	EDU PAES 103	EDU PAES 360 and 361
Hours: 15	Hours: 18	Hours: 15

AU QTR Y2	WI QTR Y2	SP QTR Y2
BIOLOGY 113	ANAT 199.04	Open Opt
EDU PAES 250	HUMN NTR 310	Cultures & Ideas
Social Science	Open Opt	Social Science
Second Writing	EDU PAES 147	EDU PAES 204
Hours: 18	Hours: 14	Hours: 16

AU SEM Y3	SP SEM Y3
PHYSIO 3101	PHYSIO 3102
EDU PAES 4490	EDU PAES 5491
EDU PAES 3209	EDU PAES 5651
EDU PAES 3414	Historical Study
EDU PAES 4525	EDU PAES 5652
EDU PAES 3314	
Hours: 14	Hours: 13

AU SEM Y4	SP SEM Y4
EDU PAES 5492	EDU PAES 5191.23
EDU PAES 5703	EDU PAES 5636
EDU PAES 5685 and 5661.01	
EDU PAES 5704	
EDU PAES 5493	
Hours: 12	Hours: 13

Health Promotion Specialization- One Year on Quarters, Three Years on Semesters

AU QTR Y1	WI QTR Y1	SP QTR Y1
EDU PAES 100	Art GEC	CHEM 122
MATH 148	MATH 150	STAT 135
ENGLISH 110.01	CHEM 121	EDU PAES 147
Literature	EDU PAES 103	EDU PAES 360 and 361
Hours: 15	Hours: 18	Hours: 15

AU SEM Y2	SP SEM Y2
BIOLOGY 1113	ANAT 2300
EDU PAES 2250	Second Writing
Social Science	Social Science
Open Option	Open Option
	EDU PAES 1147
Hours: 12	Hours: 14

AU SEM Y3	SP SEM Y3
PHYSIO 3101	PHYSIO 3102
HUMN NTR 2310	EDU PAES 5491
EDU PAES 3209	EDU PAES 5651
EDU PAES 3414	Historical Study
EDU PAES 4525	EDU PAES 5652
EDU PAES 3314	EDU PAES 4490
	EDU PAES 2204
Hours: 16	Hours: 16

AU SEM Y4	SP SEM Y4
EDU PAES 5492	EDU PAES 5191.23
EDU PAES 5703	Cultures & Ideas/ Hist
EDU PAES 5685 and 5661.01	
EDU PAES 5704	
EDU PAES 5493	
EDU PAES 5636	
Hours: 15	Hours: 13

Curriculum Map: Exercise Science Specialization

Program Goals:

1. Understand the physiological and behavioral foundations of physical activity, health and fitness.
2. Explain the impact of physical activity, exercise, and sport on the health of individuals, groups, and communities.
3. Promote basic and applied research on health, disease prevention, human behavior, and human performance.
4. Assess the educational and fitness needs of individuals, groups and communities to promote health and human performance.
5. Implement educational strategies to help individuals, groups, and communities to maintain and enhance physical performance, fitness, health, and quality of life.
6. Evaluate strategies to help individuals, groups, and communities to maintain and enhance physical performance, fitness, health, and quality of life.
7. Study the structural, functional and behavioral phenomena related to health and exercise behavior in sport, clinical, and community settings.

Exercise Science specialization

	1 2		3 4 5			6	7
BIOLOGY 1113	B						
CHEM 1210	B						
CHEM 1220	I						
BIOCHEM 2210	I						
PHYSIO 3101	B						
PHYSIO 3102	I						
HUMN NTR 2310	I	B					
ANATOMY 3300	B	B					
PHYSICS 1200	B						
PHYSICS 1201	B						
ALLI MED 5550	I	I	B	A	B	B	I
PHARM 4400	I						
EDU PAES 1147 Prin of Fit & Well	B						
EDU PAES 1103- Intr to Hlth & Wllnss in Am Soc	B	B	B		B	B	
EDU PAES 2360 Kinesiology	I	I B		B			B

EDU PAES 4490 Graded Exer Testing	I		A				A
EDU PAES 2542 Lfspn Mtr Devel	I	IB		B			
EDU PAES 5491 Body Comp Eval	I		A				A
EDU PAES 5492 Muscl Strength & Tsting	I		A				A
EDU PAES 5493 Older Adult Exer Prescrp	I		A				A
EDU PAES 4525 Prom Beh Chnge	I	II		B	A	I	I
EDU PAES 5652 Wrkste Hlth Prom	I	IB		I	I	I	I
EDU PAES 3414 Applied Exercise Physiology	AA		A	I			
EDUPAES 5704 Hlth Prog Eval	B	BI		A		A	I
EDU PAES 5685 Adlt Exer Prog- Implementation	A	AA		A			A
EDU PAES 5661.01 Beg Exer Phys Lab	A	AA		A			A
EDU PAES 5191.23 Internship	A	A	AAA			A	A

Curriculum Map: Health Promotion Specialization

Program Goals:

1. Understand the physiological and behavioral foundations of physical activity, health and fitness.
2. Explain the impact of physical activity, exercise, and sport on the health of individuals, groups, and communities.
3. Promote basic and applied research on health, disease prevention, human behavior, and human performance.
4. Assess the educational and fitness needs of individuals, groups and communities to promote health and human performance.
5. Implement educational strategies to help individuals, groups, and communities to maintain and enhance physical performance, fitness, health, and quality of life.
6. Evaluate strategies to help individuals, groups, and communities to maintain and enhance physical performance, fitness, health, and quality of life.
7. Study the structural, functional and behavioral phenomena related to health and exercise behavior in sport, clinical, and community settings.

Health Promotion specialization

	1 2		3	4 5		6 7	
BIOLOGY 1113	B						
CHEM 1210	B						
CHEM 1220	I						
PHYSIO 3101	B						
PHYSIO 3102	I						
HUMN NTR 2310	I	B					
ANATOMY 2300	B	B					
PHYSICS 1200	B						
PHYSICS 1201	B						
EDU PAES 1147 Prin of Fit & Well	B						
EDU PAES 1103 Intr to Hlth & Wllnss in Am Soc	B B			B B		B	
EDU PAES 2360 Kinesiology	I	I	B	B			B
EDU PAES 4490 Graded Exer Testing	I			A		A	
EDU PAES 5491 Body Comp Eval	I			A		A	
EDU PAES 5492 Muscl	I			A			A

Strength & Tsting							
EDU PAES 5493 Older Adult Exer Prescrp	I			A		A	
EDU PAES 3209 Orient to Exerc Sci	B	B	B				
EDU PAES 4525 Prom Beh Chnge	II		I	B	A	II	
EDU PAES 5652 Wrkste Hlth Prom	II		B	II		II	
EDU PAES 3414 Applied Exercise Phys	A A A			I			
EDU PAES 5703 Health Behavior Theory	A A		I		B	I	A
EDUPAES 5704 Hlth Prog Eval	B B		I	A		A	I
EDU PAES 5685 Adlt Exer Prog- Implementation	A A A			A			A
EDU PAES 5661.01 Beg Exer Phys Lab	A A A			A			A
EDU PAES 2250 Cancer Prevention	B			B	B		
EDU PAES 2204 Sexuality and Health	B			B	B		
EDU PAES 5191.23 (589.02) Internship	A	A A A			A A		A
EDU PAES 3314 (314) AIDS Awareness	B			B	B		
EDU PAES 5651 (561) Health Prog Planning	I		B	I	A	B	B
EDUPAES 5636 Tching Hlth	I		B			I	