



Memo

July 1, 2015

To: Scott Herness, Associate Dean
Jill Toft, Administrative Associate to Associate Dean

CC: Andrew Zircher, Director of Assessment and Curriculum
Sarah Odum, Curriculum Coordinator

From: Bryan Warnick, Associate Dean of Academic Affairs

RE: SPECIALIZATION REQUEST: PHD IN HDFS, COUPLE AND FAMILY THERAPY (CFT)

The faculty and administration of the College of Education and Human Ecology (EHE) approve adding a specialization in Couple and Family Therapy (CFT) to the Doctor of Philosophy in Human Development and Family Science in the Department of Human Sciences. This specialization will allow CFT to be more visible as an accredited program within the department and degree, as well as show on the student's transcript. CFT courses were noted in semester conversion within the PhD in HDFS, but a specialization and transcript designation were not requested at that time. The proposal was approved by the EHE Curriculum Committee.

Attached to this memo are the following:

1. Department support letter
2. Program proposal
 - a. Proposed Program of Study
 - b. Curriculum Map
3. Current Program of Study

EHE approves adding a specialization in Couple and Family Therapy (CFT) to the Doctor of Philosophy in Human Development and Family Science in the Department of Human Sciences and requests approval from the Graduate School. If there are any questions, please contact me at warnick.11@osu.edu or our curriculum coordinator, Sarah Odum, at odum.11@osu.edu.



EHE College Curriculum Committee
172 Arps Hall
1945 N High Street
Columbus, OH 43210

February 23, 2015

Dear Members of the EHE College Curriculum Committee,

I am writing this letter in support of a specialization in Couple and Family Therapy (CFT) in the Doctor of Philosophy in Human Development and Family Science program. The rationale for this request is contained in a letter that was written by Dr. Suzanne Bartle-Haring, HDFS program leader (see separate attachment).

Four things you should know about this request:

1. The CFT curriculum has been in existence since 1986.
2. The proposal received solid support from the faculty in the HDFS program area and the chairpersons of the HS (department) graduate studies committee.
3. Dr. Carl Maresh, chair of the department of Human Sciences, is supportive of the specialization.
4. There will be no changes in the CFT program other than CFT will be officially a specialization, the curriculum will stay the same, the clinic is the same and the faculty FTE is the same.

Thank you,

H. Eugene Folden, Ph.D.
Associate Chair, Curriculum, HS
Chair, College Curriculum Committee
Associate Professor, Clinical
Department of Human Sciences
College of Education and Human Ecology
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Consumer Science
262 Campbell Hall
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**Human Development
and Family Science**
135 Campbell Hall
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614-292-7705 Phone
614-292-4365 Fax

Human Nutrition
325 Campbell Hall
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614-292-0827 Phone
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Kinesiology
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Dear Dr. Folden,

I am writing in reference to establishing a specialization in Couple and Family Therapy (CFT) in the Doctor of Philosophy in Human Development and Family Science program. Since 1986, HDFS has offered CFT coursework, and in 2000 this coursework was accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE). We currently accept students interested in CFT into the Ph.D. in HDFS program both with a masters in Marriage and Family Therapy (MFT) and those with a masters in a related field. This distinction creates two tracks for the students. Those with a masters in MFT from an COAMFTE accredited program are required to take five courses specific to the accredited curriculum for the Ph.D. , accrue 500 hours of client contact in addition to the 500 hours that they would have obtained in their master's program, and complete a dissertation. Those who come with a master's in a related field must complete several more courses known as the master's level curriculum within our accredited program of study. These students must obtain 1000 hours of client contact, and complete a dissertation.

Although the CFT curriculum has been in existence since 1986, we have not applied to be a specialization. There are at least two reasons why we do so now. First, the merger into the Department of Human Sciences has made HDFS a "program area" in a larger department, which leaves CFT less noticeable in the larger curriculum than it has been in the past, and makes it difficult to "name." It has never been our intent to separate ourselves from HDFS and we have worked hard to integrate the CFT faculty and students into HDFS as the broader field in which CFT has emerged. This was the reason we had not applied to be a specialization in the past. Second, the website managers and those managing the curriculum at the college level have been put under some pressure to clearly distinguish what the Graduate School recognizes as a program and what the faculty may think of as a program. Since this is the case, and since as part of our accreditation we need to have a web presence in which prospective students can clearly distinguish between CFT curriculum and requirements and program area requirements as well as student achievement data, we are now faced with needing to have an official specialization status.

MFT programs are typically housed in HDFS programs or departments, or other social science areas. Human Sciences' mission statement as listed on the EHE website is "Members of the Department of Human Sciences strive to advance and improve the human experience by integrating academics, research, and outreach in the areas of nutrition, human development and family science, consumer science, and kinesiology. This multi-disciplinary new unit works to identify and promote healthy physical and social behaviors through effective intervention and prevention strategies." The mission of the Couple and Family Therapy specialization is "To train excellent research clinicians for academic and research settings, who have sustainable programs of research in areas that move the CFT and Family Science



fields forward.” Our major objective is to train those who do interventions with individuals, couples and families as well as train these same people to do the research on that intervention. We believe that this specialization fits well with the larger department’s mission. Students in this specialization would be Ph.D. students in HDFS and get a Ph.D. in HDFS. They are required to take all the same required HDFS courses as all other HDFS graduate students. In the larger Human Sciences department there are no other Ph.D. areas of study that prepare both researchers and clinicians, and no other programs that prepare researchers and clinicians in couple and family therapy. In the College there are two other Ph.D. areas of study that is clinical in nature; the specialization in Counselor Education, and in School Psychology in the Ph.D. in Educational Studies. These programs are aware of the CFT accredited curriculum and we have had students in each enroll in courses taught by the other faculty at times. The programs train students in distinct disciplines as evidenced by the licensure laws in Ohio. Students in the CFT accredited curriculum cannot be licensed as counselors, or school psychologists and students in the other specializations cannot be licensed as MFT’s in Ohio. Each license has separate educational and degree requirements.

Since this accredited curriculum has already been in existence since 1986, we would like to have the curriculum have an official status as a specialization as soon as this is possible. The specialization faculty, curriculum and associated on-campus clinic are all housed in the Department of Human Sciences within the HDFS program area. No other departments or units across the university have any responsibility for the program.

As stated previously the curriculum is accredited by COAMFTE. The curriculum can be found at <http://ehe.osu.edu/human-sciences/graduate/hdfs/couple-family-therapy/>. The curriculum’s course work is listed in the appendices to this letter. Currently there are 9 Ph.D. students with one student coming in for the Fall for a total of 10 students for 2014-2015 with 3 FTE faculty. Over the past two years we have graduated 7 students and all are currently employed in the field with 5 as assistant professors in MFT and one as a clinician. This past year we had four applicants to the program who met HDFS minimum requirements for admission into the graduate program, out of a total of the 8 applicants for HDFS. We have about 8-10 applicants each year. We have purposely kept the program small so that we can provide the training necessary for student success. The American Association for Marriage and Family Therapy has a conference each year at which accredited programs are provided a “Show Case.” The OSU CFT accredited curriculum has consistently been present at this showcase and recruits students to the program within this venue.

There are about 20 accredited Ph.D. programs in Marriage and Family Therapy across the country. Very few are at research intensive universities. This is what sets our program apart and makes us attractive to many students who want to pursue a career in academia. In Ohio there is one other Ph.D. program at the University of Akron who also has the only accredited master’s program. Two of our graduates are currently on the faculty at Akron. The other research intensive universities that have a Ph.D. program in MFT are BYU, Virginia Tech, Michigan State, University of Georgia, and Florida State University.

Since the accredited curriculum has already been in existence, the official status of the specialization would not increase costs to the Department or the College or lead to any change in faculty responsibilities.

Currently there are three faculty who assume responsibility for the CFT curriculum, Keeley Pratt, Ph.D.,



THE OHIO STATE UNIVERSITY

Natasha Slesnick, Ph.D. and myself.

Sincerely,

Suzanne Bartle-Haring, Ph.D.
Professor, Program Director
Couple and Family Therapy
Program Leader, HDFS



**PROGRAM OF STUDY CFT SPECIALIZATION
(Rev. 9/12)
STANDARD CURRICULUM REQUIREMENTS**

AREA I: Theoretical Foundations (Must have 6 semester hours)

Course Title from Master's Program (Attach Syllabi) Credits

OSU MFT Program Course Title:

5200: Foundations in Marital and Family Therapy 3

8824: General Systems Theory* 3

* Departmental requirement for all graduate students.

AREA II: Clinical Practice (Must have 12 semester hours)

Course Title from Master's Program (Attach Syllabi) Credits

SU MFT Program Course Title:

8874: Family Therapy Theory I 3

8875: Family Therapy Theory II 3

8876: Marital Therapy Theory 3

8870: Family Systems Assessment 3

8862: Diagnosis and Couple and Family Therapy 3

AREA III: Individual Development and Family Relations (Must Have 9 semester hours)

Course Title from Master's Program (Attach Syllabi) Credits

Course Title:

5440 Human Sexuality 3

or approved Human Sexuality class from master's program

And any two HDFS or related courses:

AREA IV: Professional Identity and Ethics (Must have 3 semester hours)

Course Title From Master's Program (Attach Syllabi) Credits

OSU MFT Program Course Title:

7770: Professional and Ethical Issues in
Marriage and Family Therapy 3

AREA V: Research (Must have 3 semester hours)



DOCTORAL CURRICULUM REQUIREMENTS

AREA VIII: Clinical Practice (Must have 6 credits)

		DATE COMPLETED
Course Title:	Credits	
8824: General Systems Theory*	3	_____
8860: Seminars in Marriage and Family Therapy (Choose 1 or more)		
8860.02: Diversity in Families and Family Therapy	3	_____
8860.03: Critical Incidents in Family Therapy	3	_____
8860: Adolescents in Family Therapy	3	_____
8860: Other	3	_____

* Departmental Requirement: For those without a masters in MFT, this course cannot be "double counted." If you used it for the Standard Curriculum you will need to take an additional 8880 seminar to complete this requirement.

AREA IX: Individual Development and Family Relations
These are Departmental Requirements.

Course Title:		
6780, 6890, 6892: Proseminars	6	_____
7350 : Adolescence and Emerging Adulthood	3	_____
Or 7765: Advanced Child Development	3	_____
8820: Perspectives on the Family	3	_____

AREA X: Clinical Supervision

Course Title:		
8878: Family Therapy Supervision	3	_____

AREA XI: Research (Must have 15 semester credits per department requirements)

Course Title:		
7780: Research in Marital and Family Therapy (required)	3	_____

Courses in methods and statistics from the university adding up to an additional 12 credits which may include:

8860: Causal Modeling for Marriage and Family Therapy Research	3	_____



AREA XII: Additional Courses

This can include anything that doesn't fit in the previous areas

Course Title:

Course #

CLINICAL EXPERIENCE

Internship Site: _____ Supervisors Name _____

Number of Hours Semesters Enrolled In Practicum HDFS 8189	CLIENT CONTACT	SUPERVISION
	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____
TOTAL HOURS	_____	_____

Curriculum Map

Educational Outcomes	Program Outcomes 1. 50% of students will submit an R36 or other form of funding proposal.	2. 75% of students will have a first authored publication	3. 75% of student will have two or more publications.	4. 100% of students will make conference presentations in the form of posters or papers	5. 95% of students who take the national licensure exam will pass.	6. 100% of students will have a congruent and solidified philosophy of change.
Course						
5200					x	x
8824					x	x
8874					x	x
8875					x	x
8876					x	x
8870					x	x
7770					x	x
Diagnostic Course					x	x
Human Sexuality Course					x	x
HDFS Seminars	x	x	x	x		x
7780	x					
8860					x	x
8878					x	x
Statistics and Methods	x	x	x	x		



Educational Outcomes	Student Learning Outcomes: 1. Identify ethical practices in human subjects	2 Apply qualitative and quantitative research designs that appropriately reflect research questions and hypotheses.	3. Develop skills in scientific writing for publication.	4 Evaluate and critique current empirical research in Couple and Family Therapy.	5. Develop in grant proposal writing skills.	6. Synthesize conceptual and intervention skills within a solidified theory of change.	7. Develop preliminary supervisor skills that focus on trainee’s theory development, intervention, and case management.	8. Know the literature available about diverse families and how diverse families access and engage in treatment. Students will also understand processes necessary for engaging diverse families in research.
Course								
Journal Club or Research Group	x	x	x	x	x			x
5200						x		
8824		x	x			x	x	x
8874			x			x		x
8875			x			x		x
8876			x			x		x
8870		x	x	x		x		x
7770	x		x			x		x
Diagnostic Course						x		
Human Sexuality Course			x			x		x
HDFS Seminars		x	x	x				x
7780		x	x	x				x
8860		x	x	x		x		x



8878						x	x	x
Statistics and Methods Courses	x	x	x	x	x			



Human Development & Family Science (HUMDFS-PH)

Doctor of Philosophy in Human Development & Family Science

Core Requirements (39 hours)

Seminar Requirements (choose three, 6 hours)

HDFS 6780	Research Seminar (1)
HDFS 6890	Proseminar (1)
HDFS 6892	Professional Development Seminar (1-3)

Foundation Requirements (18 hours)

HDFS 6782	Research Methods (3)
HDFS 8820	Theoretical Perspectives on the Family (3)
HDFS 8824	General Systems Theory (3)
HDFS 7999**	Thesis Research (Independent Study) (6)

Choose one, 3 hours

HDFS 7350	Adolescence and Emerging Adulthood (3)
HDFS 7765	Advanced Child Development (3)

***HDFS 7999 prepares students for their qualifying exam. In the event that a Ph.D. student, although successfully completing the qualifying exam, decides that s/he does not want to continue in the program, s/he can use the materials from the qualifying exam to count toward the MS degree. See faculty advisor for more information.*

Statistics/Methods Requirement (choose five, 15 hours)

See list below

Supporting Courses (35 hours)

Select courses from the following list, for a minimum of 35 hours. Consult with faculty advisor for alternative courses. At least 21 of the supporting course hours must come from HDFS courses.

HDFS 5340	Intimate Relationships (3)
HDFS 5430	Adult Development and Aging (3)
HDFS 5200^	Foundations of Couple and Family Therapy (3)
HDFS 5350	Families with Adolescents (3)
HDFS 5440	Human Sexuality in Context (3)
HDFS 7189^	Field Experience (3)
HDFS 7350	Adolescence and Emerging Adulthood (3) <i>(if not used in core)</i>
HDFS 7765	Advanced Child Development (Social) (3) <i>(if not used in core)</i>
HDFS 7770^	Professional and Ethical Issues in Couple and Family Therapy (3)
HDFS 7780^	Research Methods in Couple and Family Therapy (3)
HDFS 7999	Thesis Research (1 to 12) <i>(beyond minimum required for core)</i>
HDFS 8189.01	Practicum in Research (3)
HDFS 8189.02	Practicum in Teaching (3)
HDFS 8189^	Practicum in Couple and Family Therapy (3)
HDFS 8193	Independent Studies for Doctoral Students (1 to 3)
HDFS 8403	Individuation (3)

Minimum hours
post BS/BA: 80

For More Information:
Department of Human
Sciences
A146PAES Building,
305 West 17th Avenue
614.292.6787

[Humandevlopmentand
familyscience@osu.edu](mailto:Humandevlopmentandfamilyscience@osu.edu)

HDFS 8404	Adolescence: Risk in Context (3)
HDFS 8825	Theories of Human Development (3)
HDFS 8850	Measurement in Human Development and Family Science (3)
HDFS 8860^	Seminar in Couple and Family Therapy (3)
HDFS 8861	Family in Mid-to-Late Years (3)
HDFS 8862	Seminar in Human Development and Family Science (3, repeatable)
HDFS 8870^	Family Systems Assessment (3)
HDFS 8874^	Family Therapy Theory I (3)
HDFS 8875^	Family Therapy Theory II (3)
HDFS 8876^	Marital Therapy Theory (3)
HDFS 8878^	Supervision of Couple and Family Therapy (3)
HDFS 8999	Dissertation Research (1 to 12) (<i>beyond minimum required for dissertation</i>)

Dissertation Requirement (6 hours)

Consult with faculty advisor

HDFS 8999 Dissertation Research (minimum 6)

Note: Students' exact curriculum may vary depending upon program of study determined by student and advisor, and approved by the Graduate Studies Committee.

^ Indicates courses that are part of an accredited curriculum for Couple and Family Therapy. Students wishing to fulfill these requirements must also take either ESCE 6931 or Psych 6853 and 6854.

Statistics/Methods Requirement Options

AEE 8875, 8850, 8860, 8870, 8880, 8895

COMM 6661, 6760, 6730, 7789, 7790, 8801

COMP STD 6750.02

ESQREM 5892, 5193, 5194, 7897, 6621, 6625, or 6641, 7627, 7684, 7648, 8648, 7661, 7651, 8189, 8193

ESQUAL 7260, 7230, 8280, 8210, 8211, 8211, 7643, 8290

ESEADM 8354

ESCE 6734

KNPE 8865

ESSPED 8861, 8874, 8874

EDUTL 7010, 8421

CONSCI 8280

NURSING 8780, 8781, 8172, 8780, 8780

POLITSC 7780, 7551, 7552, 7783, 8890, 8781, 8700, 7785, 8783, 8380, 8784, 7555, 7683, 8190

PSYCH 6193.06, 7820, 6810, 6811, 6810, 6811, 6810, 6811, 7821, 7824, 7823, 8896, 7825, 7896, 6849, 6861, 8878, 7874, 7874, 8876

SOCWORK 6401, 8401, 8402

SOCIOL 6649, 6649, 6655, 7652, 7653, 5194.09, 6650, 6608, 8607, 6708, 6710, 7748, 7752, 7754, 8592, 7850, 7859

STAT 5301, 6201, 6201, 5301, 5301, 5302, 5303, 6060, 6301, 6302, 6540, 6550, 6410, 6450, 6950, 6510, 6560, 6610, 6620, 6640, 6650, 6730, 6740, 6740, 6194, 7410, 7430, 7450, 7460, 7560, 7560, 7620, 7610, 7630, 7730, 7789, 8010, 7303, 7302, 7301, 8570, 8575, 8625, 8460, 8810, 8820, 8860, 8840, 8850, 8830, 8810, 8820, 8860, 8840, 8850, 8830, 8194

WGSST 7760