August 13, 2018

This letter is in support of changes requested for the Aging Minor offered through the School of Health and Rehabilitation Sciences. This change has been brought about by the lack of available listed courses in both the core courses and the electives. We were informed by the College of Arts and Sciences that three courses within the current aging minor are either in limbo or withdrawn. Two of the three are considered core courses for the aging minor. Additionally, in order to expand enrollment and provide a minor for the Health Sciences distance students more options for on-line courses needed to be added.

These changes were approved unanimously by our curriculum committee on July 25, 2018.

Sincerely,

Marcia Nahikian-Nelms, PhD, RDN, LD, FAND
Professor
Director, Academic Affairs
May, 2018

Dear Curriculum Committee,

We are requesting a review of the proposed revisions to the aging minor. This change has been brought about by the lack of available listed courses in both the core courses and the electives. Dr. Krok was informed by the College of Arts and Sciences that three courses within the current aging minor are either in limbo or withdrawn. Two of the three are considered core courses for the aging minor. Since Dr. Krok has assumed the coordinator role, students enrolled in the Aging Minor have regularly expressed concern about the lack of available courses. Additionally, in order to expand enrollment and provide a minor for the Health Sciences distance students more options for on-line courses needed to be added.

Thus, the following changes are proposed:

1. Remove Anthropology 5642 Growth and Development and Anthropology 5645 Biology of Senescence from the core course list as they are both in limbo or withdrawn.

2. Move Psychology 4597.01 Contemporary World: Aging, Health, and Psychological Functioning in the Modern World from the core course list to the elective course list as it is offered one semester (spring) every other year.

3. Add HTHRHSC 3500 Critical Phases of Life as a second option for the required course list. HTHRHSC 3500 is a core course in the Health Sciences curriculum. The course examines humans' development from conception to death and factors critical to continuing health, which will prove useful for aging minor students. The course is offered every semester and has online options in fall and spring semesters affording the students more opportunity to complete the aging minor. It may encourage some health sciences students to sign up for the aging minor since they are already taking it as a core course for their major.

4. Move HTHRHSC 5600 Global Aging from the elective course list to the core course list. This course studies health and well-being of older adults in developed and developing countries and immigrant communities in the United States. The course will be imperative for aging minor students to help them understand the similarities and differences in aging across the world and apply this knowledge in interprofessional settings. The course is offered online in summer and fall semesters affording the students more opportunity to complete the aging minor.

5. Move PSYCH 3340 Introduction to Lifespan Developmental Psychology from the elective course list to the core course list. PSYCH 3340 is a popular class and it considers theories and research on psychological development across the lifespan; includes consideration of social policies that influence developmental outcome. PSYCH 3340 is offered both in fall and spring semesters, providing students more opportunity to complete the aging minor.

6. Move SOCWORK 5009 Family Caregiving from the elective course list to the core course list. The course focuses on the development of knowledge and skills to address the needs of individuals providing care for an individual with a disability. The course is offered online in spring semester affording the students more opportunity to complete the aging minor.

7. Add HDFS 2400 to the core course list. The course focuses on human development across the life span directed toward an applied understanding of the individual and forces that shape development. The course is offered every semester and has in-person and online options affording the students more opportunity to complete the aging minor.

8. Remove Social Work 5010 Women and Aging: International Perspective from the elective course list. SOCWORK 5010 is in limbo or withdrawn.
9. Add ESWDE 5672 Lifelong Learning in the Adult Years to elective course list. The course focuses on the nature, extent and significance of adult in society and includes history, forms, methodologies, theoretical issues and philosophies. The course is offered online every spring semester.

10. Add HUMNNTR 3506 Nutrition Across the Life Span to the elective course list. This addition will hopefully encourage the aging minor students to gain knowledge on the importance of nutrition among older adults as well as influence nutrition students to consider the aging minor. HUMNNTR 3506 focuses on nutrition issues during major life stages from pre-pregnancy through the dying elderly. HUMNNTR 3506 is offered in-person in fall semester and online in spring semester, providing more opportunities for aging minor students to enroll in the course.

11. Add NRSADVN 3111 Palliative and End of Life Care to elective course list. This course provides a foundation for palliative care through exploration of individual, family, and loved ones’ needs at the end of life. The course is offered online every spring semester.

12. Correct the credit hours of HTHRHSC 5600 Global Aging from 2 to 3 credits.

13. Adjust the description of the aging minor to reflect the requested changes, update the statistics, and to promote the interprofessional nature of this minor.

14. Revised text regarding the program guidelines to remove any non-applicable information (e.g., “required for graduation: no”), spelling out of acronyms (e.g., EM, GE, X193), and font sizes for the first paragraph to make it more uniform and reader-friendly.

Sincerely,

Dr. Jessica L. Krok-Schoen
Coordinator, Aging Minor

Dr. Suzanne M. Leson, RDN, LD, FAND
Division Director, Health Sciences, Medical Dietetics, IBRC
The study of Aging is an interprofessional field focusing on the health and well-being of older adults and their families. According to the US Bureau of the Census, older adults (persons 65 years or older) numbered 47.8 million in 2015. They represented 14.9% of the U.S. population, about one in every seven Americans. By 2060, there will be about 98.2 million older persons. The 65+ population is expected to grow to be 25% of the population by 2060.

This minor prepares undergraduate students to pursue graduate and workforce opportunities in fields with an aging focus, such as medicine, health and rehabilitation sciences, nursing, psychology, social work, policy, speech and hearing, and geriatrics. The objectives for this minor are for graduates to:
1) recognize and value the interprofessional nature of aging; and 2) apply knowledge to future occupations with older adults.

The minor in Aging requires a minimum of 12 credit hours. All students must take:
- HTHRHSC 4600S, Health after Mid-Life OR HTHRHSC 3500 Critical Phases of Life (3)
and at least two courses chosen from the Core Courses, and at least one additional course listed, for a total of at least 12 credit hours.

Once the Aging Minor program coordinator (or the coordinator’s designee) has approved the Minor Program Form, you should file the form with your college or school counselor.

*Some courses in this minor may have pre-requisites. Please consult the course bulletin before enrolling in courses.

### Required Courses (Take 1 out of the 2 courses)
- HTHRHSC 4600 Health after Mid-Life (3)  \ OR 
- HTHRHSC 3500 Critical Phases of Life (3)

### Core Courses (Take 2 out of the 6 courses)
1. HDFS 2400 Principles of Human Development (3)
2. HDFS 5430 Adult Development and Aging (3)
3. HTHRHSC 5600 Global Aging (3)
4. PSYCH 3340 Introduction to Lifespan Developmental Psychology (3)
5. PSYCH 4552 Psychology of Adult Years (3)
6. SOCWORK 5009 Family Caregiving: Contemporary Issues, Programs, and Policies (3)

### Additional Courses
- ESWDE 5672 Lifelong Learning in the Adult Years (3)
- HTHRHSC 5610 Death, Loss, and Grief in Multiple Perspectives (2)
- HTHRHSC 5620 Aging, Accessibility, and Design (3)
- HTHRHSC 5650 Aging and Public Policy Issues (3)
- HTHRHSC 5660 Long Term Care Services Across the Continuum (4)
- HUMNTR 3506 Nutrition Across the Life Span (3)
- NRSADVN 3111 Palliative and End of Life Care (3)
- PSYCH 4597.01 Contemporary World: Aging, Health, and Psychological Functioning in the Modern World (3)
- SOCWORK 5011 Loss and Grief: A Social Work Practice Perspective (2)
- SPHHRNG 3350 Speech-Language Communication across the Life Span: Issues and Problems in our Communities (3)

### Aging Minor Program Guidelines
- **Credit hours required:** A minimum of 12 credit hrs.
- **Overlap with general education (GE):** A student is permitted to overlap up to 6 credit hours between the GE and the minor.
- **Overlap with the major and additional minor(s):**
  - The minor must be in a different subject than the major.
  - The minor must contain a minimum of 12 hours distinct from the major and/or additional minor(s).
- **Grades required:**
  - Minimum C- for a course to be listed on the minor.
  - Minimum 2.00 cumulative point-hour ratio required for the minor.
  - Course work graded Pass/Non-Pass cannot count on the minor.
  - No more than 3 credit hours of coursework graded Satisfactory/Unsatisfactory may count toward the minor.
- **Independent study credits:** No more than 3 credit hours.
- **Minor approval:** The minor course work must be approved by the minor coordinator (or the coordinator’s designee).
- **Filing the minor program form:** The minor program form must be filed by the beginning of the junior year.
- **Changing the minor:** Once the minor program is filed in the college office, any changes must be approved by the minor coordinator (or the coordinator’s designee).