

TO: Randy Smith, Vice Provost for Academic Programs
Eric Bielefeld, Chair, Council on Academic Affairs
FROM: Shari Speer, Associate Dean for Academic Affairs, Graduate School
DATE: February 6th, 2020
RE: Proposal for a specialization in Psychiatric Mental Health, College of Nursing

The College of Nursing is proposing a Psychiatric Mental Health specialization for its Master of Science in Nursing.

The proposal was received by the Graduate School on November 26th, 2019. It was reviewed by GS/CAA on December 18th, 2019. No revisions were requested, and the proposal was recommended for approval by the Graduate Council. The proposal was approved by the Graduate Council on January 10th, 2020.



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November 26, 2019

Sherri Speer, PhD
Associate Dean for Academic Affairs
The Graduate School
250 University Hall
230 North Oval Mall
Columbus, OH 43210-1336

Dear Dr. Speer:

Attached is a proposal from the College of Nursing for minor revisions to the Psychiatric Mental Health specialization track of the M.S. in Nursing program in the College of Nursing.

As described in the attached proposal, the requested revisions are to:

- Replace the currently-required didactic portion of the Nursing 7338.01 course with the existing Nursing 7331 course
- Enact a credit-neutral redistribution of the didactic and clinical credits for the clinical practicum course series (Nursing 7348.01, 7348.02, 7348.03).

The proposal was unanimously approved by the College of Nursing Graduate Studies Committee and the College of Nursing faculty and has the support of the College of Nursing administration.

Please let me know of any question you may have in regard to this proposal.

Sincerely,

A handwritten signature in blue ink that reads "Celia E. Wills".

Celia E. Wills, PhD, RN, Graduate Studies Chairperson & College Secretary; Associate Professor
394 Newton Hall
wills.120@osu.edu

Copy: Dr. Cindy Anderson, Dr. Kristine Browning, Dr. Margaret Graham, Dr. Barbara Warren, Dr. Rosie Zeno



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Sherri Speer, PhD
Associate Dean for Academic Affairs
Jennifer Schlueter, PhD, Faculty Fellow, Curriculum
The Graduate School
250 University Hall
230 North Oval Mall
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Dear Dr. Speer and Dr. Schlueter:

The College of Nursing supports the attached proposal for several minor revisions of the Psychiatric Mental Health Nursing specialty track of the M.S. in Nursing program in the College of Nursing.

These proposed changes will optimize the curriculum based on contemporary needs for advanced content on assessment and management of child and adolescent mental health issues, as well as to better balance the course credit load across semesters.

Sincerely,

Cindy Anderson, PhD, RN, APRN-CNP, ANEF, FAHA, FNAP, FAAN
Professor and Senior Associate Dean for Academic Affairs and Educational Innovation

**Proposal to Revise the Psychiatric Mental Health (PMH) Nurse Practitioner
Specialty Track Curriculum in the M.S. in Nursing Program
College of Nursing
October 2019**

Introduction and Rationale

This proposal requests minor revisions of the Psychiatric Mental Health (PMH) specialty track curriculum in the M.S. in Nursing program. Two changes are proposed as follows to enhance the quality of the PMH specialty track curriculum:

- Replacement of the currently-required didactic portion of the Nursing 7338.01 course with the existing Nursing 7331 course.
- Credit-neutral redistribution of the didactic and clinical credits for the clinical practicum course series (Nursing 7348.01, 7348.02, 7348.03).

Nursing 7338.01 focuses on the general health promotion and preventive care for pediatric populations in primary care settings. The rationale for replacing the didactic portion of Nursing 7338.01 (Advanced Nursing Practice in Pediatric Primary Care I) with Nursing 7331 (Assessment and Management of Child & Adolescent Mental Health Issues) is to improve educational content in the PMH specialty track curriculum as consistent with contemporary national standards and population nursing care needs across the lifespan.

The didactic portion of Nursing 7338.01 was originally introduced in the curriculum to provide advanced child development content for PMH specialty track students. However, it has recently been identified that Nursing 7331 can provide enhanced advanced content concerning growth and development as applied to the behavioral and mental health needs of children and adolescents. Also, skills-building activities in Nursing 7331 provide improved advanced training in screening for developmental and behavioral disorders in children and adolescents. In addition, PMH specialty track students enrolled in the Graduate Entry option of the M.S. in Nursing program currently do not take coursework focusing on advanced child development topics that are addressed in Nursing 7331. Replacement of Nursing 7338.01 with Nursing 7331 will assure that all PMH students will have the same advanced curriculum content on assessment and management of child and adolescent mental health issues.

All students who are currently enrolled will be able to complete their programs of study with the same total number of credits. The proposed replacement of Nursing 7338.01 with Nursing 7331 is credit-neutral for traditional M.S. in Nursing and BSN-DNP students in the PMH specialty track. There will be a net increase of 3 program credits for the Graduate Entry option students beginning with the cohort that will matriculate in Summer 2020 and who will be required to take Nursing 7331 by Summer 2022. The proposed credit-neutral redistribution of the clinical practicum course credits for Nursing 7348.01/7348.02/7348.03 better optimizes the credit load balance across semesters for students who are enrolled in the specialty track curriculum.

The curriculum transition plans for the proposed curriculum changes are summarized in the attached tables on p. 2. The revised syllabi for Nursing 7348.01/7348.02/7348.03 are attached on pp. 3 – 5. The syllabus for Nursing 7331 is attached on p. 6.

Implementation Timetable for Nursing 7331 replacement of Nursing 7338.01 for specific PMH specialty track student cohorts matriculating Autumn 2018 – Summer 2020

	Summer 2019	Summer 2020	Summer 2021	Summer 2021	Summer 2022
Traditional M.S. in Nursing: full-time Matriculated AU18	Nursing 7338.01 (last time offered)				
Traditional M.S. in Nursing: part-time BSN-DNP: full & part-time Matriculated AU18		Nursing 7331 (first time offered)			
Traditional M.S. in Nursing: full-time Matriculated AU19		Nursing 7331 (first time offered)			
Traditional M.S. in Nursing: part-time BSN-DNP: full & part-time Matriculated AU19			Nursing 7331 (first time offered)		
Grad Entry M.S. in Nursing Matriculating SU20		Students will be encouraged to take Nursing 7331 as an elective course.			Nursing 7331 (first time offered)

Note: all M.S. in Nursing students who matriculate in or after Summer 2020 will be required to take Nursing 7331

**Summary of Psychiatric Mental Health Nursing Specialty Track
Clinical Practicum Courses Credit Redistribution**

	Current	Proposed
Nursing 7348.01	3 credits (1 didactic, 2 clinical)	4 credits (1 didactic, 3 clinical)
Nursing 7348.02	9 credits (3 didactic, 6 clinical)	11 credits (4 didactic, 7 clinical)
Nursing 7348.03	12 credits (4 didactic, 8 clinical)	9 credits (3 didactic, 6 clinical)
Total:	24 credits (8 didactic, 16 clinical)	24 credits (8 didactic, 16 clinical)

**Advanced Practice Psychiatric and Mental Health Nursing
Clinical Practicum I
Nursing 7348.01
4 credit hours (1 didactic, 3 clinical)**

Course Description:

Application of advanced practice psychiatric and mental health nursing biopsychosocial interventions with individuals experiencing mental illness and chemical dependence.

Prerequisites: Nursing 7340 and Nursing 7341

Objectives:

1. Incorporate psychiatric and mental health advanced practice nursing scope of practice standards and roles into the care of persons diagnosed with mental and/or chemical dependence disorders.
2. Apply principles of theory for crisis intervention and rapid stabilization in the care of psychiatric patients experiencing an acute crisis.
3. Collaborate with transdisciplinary professional healthcare teams to identify treatment priorities and referral needs based on patient outcomes.
4. Utilize concepts of diagnostic clinical reasoning in the provision of clinical care.
5. Incorporate principles of health promotion and risk reduction in the care of psychiatric and mental health patients across cultural and lifespan perspectives.
6. Develop primary prevention strategies for addressing the biopsychosocial care of psychiatric and mental health patients across cultural and lifespan perspectives.
7. Incorporate principles of theory related to evidence-based care of psychiatric and mental health patients across care settings.
8. Utilize community resources for continuity of care of psychiatric and mental health patients.

Course Topics:

- Advanced practice psychiatric and mental health nursing role development and scope of practice guidelines
- Acute and primary care settings
- Evidence based practice protocols and guidelines
- Lifespan, recovery, resilience within primary, secondary, and tertiary prevention settings
- Diagnostic clinical reasoning, DSM-IV-TR implementation; Role of genomics, epigenetics
- Major clinical depression and bipolar disorders
- Diagnostic clinical reasoning, DSM-IV-TR implementation; Role of genomics, epigenetics
- Schizophrenias
- Pharmacologic and non-pharmacologic interventions across the lifespan
- Children, adolescents, middle adulthood, and older adulthood
- Cultural issues in planning care across the lifespan and within individuals, groups, within community settings
- Behavioral therapies; Psychotherapeutic interventions
- Relapse prevention as an outcome of tertiary prevention
- Stress reduction and holistic living
- Treatment protocols for serious and persistent mental illnesses
- Secondary prevention protocols for populations of patients

**Advanced Practice Psychiatric and Mental Health Nursing
Clinical Practicum II
Nursing 7348.02
11 credit hours (4 didactic, 7 clinical)**

Course Description:

Application of advanced practice psychiatric and mental health nursing biopsychosocial interventions with individuals experiencing mental illness and chemical dependence.

Prerequisites: Nursing 7348.01

Objectives:

1. Incorporate psychiatric and mental health advanced practice nursing scope of practice standards and roles into the care of persons diagnosed with mental and/or chemical dependence disorders.
2. Apply principles of theory for crisis intervention and rapid stabilization in the care of psychiatric patients experiencing an acute crisis.
3. Collaborate with transdisciplinary professional healthcare teams to identify treatment priorities and referral needs based on patient outcomes.
4. Utilize concepts of diagnostic clinical reasoning in the provision of clinical care.
5. Incorporate principles of health promotion and risk reduction in the care of psychiatric and mental health patients across cultural and lifespan perspectives.
6. Develop primary prevention strategies for addressing the biopsychosocial care of psychiatric and mental health patients across cultural and lifespan perspectives.
7. Incorporate principles of theory related to evidence-based care of psychiatric and mental health patients across care settings.
8. Utilize community resources for continuity of care of psychiatric and mental health patients.

Course Topics:

- Advanced practice psychiatric and mental health nursing role development and scope of practice guidelines
- Acute and primary care settings
- Evidence based practice protocols and guidelines
- Lifespan, recovery, resilience within primary, secondary, and tertiary prevention settings
- Diagnostic clinical reasoning, DSM-IV-TR implementation; Role of genomics, epigenetics
- Major clinical depression and bipolar disorders
- Diagnostic clinical reasoning, DSM-IV-TR implementation; Role of genomics, epigenetics
- Schizophrenias
- Pharmacologic and non-pharmacologic interventions across the lifespan
- Children, adolescents, middle adulthood, and older adulthood
- Cultural issues in planning care across the lifespan and within individuals, groups, within community settings
- Behavioral therapies; Psychotherapeutic interventions
- Relapse prevention as an outcome of tertiary prevention
- Stress reduction and holistic living
- Treatment protocols for serious and persistent mental illnesses
- Secondary prevention protocols for populations of patients

Advanced Practice Psychiatric and Mental Health Nursing Clinical Practicum III
Nursing 7348.03
9 credit hours (3 didactic, 6 clinical)

Course Description:

Application of advanced practice psychiatric and mental health nursing biopsychosocial interventions with individuals experiencing mental illness and chemical dependence.

Prerequisites: Nursing 7348.02

Objectives:

1. Incorporate psychiatric and mental health advanced practice nursing scope of practice standards and roles into the care of persons diagnosed with mental and/or chemical dependence disorders.
2. Apply principles of theory for crisis intervention and rapid stabilization in the care of psychiatric patients experiencing an acute crisis.
3. Collaborate with transdisciplinary professional healthcare teams to identify treatment priorities and referral needs based on patient outcomes.
4. Utilize concepts of diagnostic clinical reasoning in the provision of clinical care.
5. Incorporate principles of health promotion and risk reduction in the care of psychiatric and mental health patients across cultural and lifespan perspectives.
6. Develop primary prevention strategies for addressing the biopsychosocial care of psychiatric and mental health patients across cultural and lifespan perspectives.
7. Incorporate principles of theory related to evidence-based care of psychiatric and mental health patients across care settings.
8. Utilize community resources for continuity of care of psychiatric and mental health patients.

Course Topics:

- Advanced practice psychiatric and mental health nursing role development and scope of practice guidelines
- Acute and primary care settings
- Evidence based practice protocols and guidelines
- Lifespan, recovery, resilience within primary, secondary, and tertiary prevention settings
- Diagnostic clinical reasoning, DSM-IV-TR implementation; Role of genomics, epigenetics
- Major clinical depression and bipolar disorders
- Diagnostic clinical reasoning, DSM-IV-TR implementation; Role of genomics, epigenetics
- Schizophrenias
- Pharmacologic and non-pharmacologic interventions across the lifespan
- Children, adolescents, middle adulthood, and older adulthood
- Cultural issues in planning care across the lifespan and within individuals, groups, within community settings
- Behavioral therapies; Psychotherapeutic interventions
- Relapse prevention as an outcome of tertiary prevention
- Stress reduction and holistic living
- Treatment protocols for serious and persistent mental illnesses
- Secondary prevention protocols for populations of patients

Assessment and Management of Child and Adolescent Mental Health Issues
Nursing 7331
3 Credits (didactic)

Prerequisites

Enrollment in M.S. in Nursing program, prior successful completion of an advanced health assessment course, and concurrent enrollment in an advanced pediatric acute or primary care clinical practicum course (Nursing 7218.01, Nursing 7218.02, Nursing 7338.01, or Nursing 7338.02), or permission of instructor.

Course Description

Application of theories, research findings, assessment, and clinical management principles to evidence-based child and adolescent mental health screening, early intervention, and mental health promotion.

The AACN *Essentials of Masters Education in Nursing* (2011), the *Criteria for Evaluation of Nurse Practitioner Programs* (NTF, 2012), and the Pediatric Nursing Certification Board *Program Criteria for PNP Programs* (2008) were used to guide course development.

Course Objectives

1. Describe the epidemiology of child and adolescent mental health disorders.
2. Discuss key screening tools, clinical interview questions, and principles of assessment of children and adolescents for mental health issues.
3. Analyze evidence-based and culturally appropriate mental health promotion and risk reduction interventions for children, adolescents, and their families.
4. Discuss evidence-based clinical assessment and intervention principles for children and adolescents who have mental health disorders, including when to make a referral to psychiatric specialty care.
5. Analyze considerations of collaborative care and engagement in community agency partnerships to achieve accessible, high quality mental health care.
6. Apply mental health assessment principles to conducting and documenting a comprehensive mental health assessment interview with a child or an adolescent in a selected concurrently-taken pediatric clinical practicum course.

Content Topics

- Epidemiology of child and adolescent mental health disorders
- Mental health disorders in children and adolescents: depressive, autism, attention deficit, somatic, bipolar, anxiety, trauma and stressor-related, disruptive behaviors, feeding and eating, and substance use disorders
- Mental health screening and assessment
- Evidence-based mental health treatment (pharmacological and non-pharmacological) and mental health promotion and risk reduction interventions
- Ethical, legal, and professional issues related to child and adolescent mental health care