

TO: Randy Smith, Vice Provost for Academic Programs
Eric Bielefeld, Chair, Council on Academic Affairs
FROM: Shari Speer, Associate Dean for Academic Affairs, Graduate School
DATE: February 6th, 2020
RE: Proposal for curricular changes to the Doctorate of Nursing Practice BSN-DNP track, College of Nursing

The College of Nursing is proposing a curricular change to its Doctorate of Nursing Practice Bachelors of Science in Nursing to Doctorate of Nursing Practice track.

The proposal was received by the Graduate School on December 12th, 2019. It was reviewed by GS/CAA on December 18th, 2019. No revisions were requested, and the proposal was recommended for approval by the Graduate Council. The proposal was approved by the Graduate Council on January 10th, 2019.



College of Nursing

Newton Hall
1585 Neil Ave
Columbus, OH 43215

December 12, 2019

Sherri Speer, PhD
Associate Dean for Academic Affairs
The Graduate School
250 University Hall
230 North Oval Mall
Columbus, OH 43210-1336

Phone: (614) 292-4699
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Dear Dr. Speer:

Attached is a proposal from the College of Nursing to shorten the length and to make minor credit-neutral revisions to the curriculum of the BSN-DNP track of the Doctorate of Nursing Practice (DNP) program in the College of Nursing. The proposed changes will align the time period for program completion with comparison local, Big Ten, and benchmark BSN-DNP programs, as well as optimize the curriculum based on contemporary needs for wellness content and enhancing writing expertise.

The specific changes are to:

- Reduce the length of time of the full-time BSN-DNP curriculum plan from 4 to 3 years
- Reduce the length of time of the part-time BSN-DNP curriculum plan from 5 to 4 years
- Require the 1 credit writing course (NRSPRCT 8890) which is currently an elective
- Require the 1 credit Nursing 5115 MINDSTRONG course
- Remove the 1 credit required open elective and 1 credit NRSPRCT 8193 courses

As described in Dr. Anderson's administrative support letter, inclusion of the Nursing 5115 MINDSTRONG course in the BSN-DNP curriculum is aligned with the 2019-2024 OSU *Wellness Strategic Plan* action step for incorporating promotion of MINDSTRONG into Ohio State student onboarding.

The proposed program changes were approved in December 2019 by the College of Nursing Graduate Studies Committee and the eligible voting faculty.

Thank you for your review of this proposal and please let me know of any questions you may have.

Sincerely,

Celia E. Wills, PhD, RN
Graduate Studies Chairperson & College Secretary; Associate Professor

Copy: Dr. Kristine Browning; Dr. Margaret Graham; Dr. Randee Masciola; Dr. Bernadette Melnyk; Laura Pearce; Dr. Sharon Tucker



THE OHIO STATE UNIVERSITY

COLLEGE OF NURSING

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December 12, 2019

Sherri Speer, PhD
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250 University Hall
230 North Oval Mall
Columbus, OH 43210-1336

Dear Dr. Speer:

The College of Nursing supports the attached proposal for shortening the length and making minor credit-neutral revisions to the curriculum of the BSN-DNP track of the Doctoral of Nursing Practice (DNP) program in the College of Nursing.

These proposed changes will align the time period for program completion with comparison local, Big Ten, and benchmark BSN-DNP programs, as well as optimize the curriculum based on contemporary needs for wellness content and enhancing writing expertise.

The inclusion of the newly-developed 1-credit Nursing 5115 MINDSTRONG course in the BSN-DNP curriculum is in step with the 2019-2024 OSU Wellness Strategic Plan action step for incorporating promotion of MINDSTRONG into Ohio State student onboarding (p. 5, Wellness Strategic Plan; https://wellness.osu.edu/sites/default/files/documents/2019/09/2019-2024%20Wellness%20Strategic%20Plan%20Sept%202019_DG%20REM.pdf). There is timeliness and urgency of need for the MINDSTRONG course content, yet a current lack of OSU-based alternatives for students to obtain MINDSTRONG content in non-course-based formats such as orientation onboarding workshops.

Sincerely,

Cindy Anderson, PhD, RN, APRN-CNP, ANEF, FAHA, FNAP, FAAN
Professor
Senior Academic Dean for Academic Affairs and Educational Innovation

Copy:

Dr. Kristine Browning; Dr. Margaret Graham; Dr. Randee Masciola; Dr. Bernadette Melnyk; Laura Pearce; Dr. Sharon Tucker

Proposal for Reduction of BSN-to-DNP Program Length and Minor Curriculum Revisions
College of Nursing
December 2019

Introduction

This proposal requests to shorten the length of program time of the post-baccalaureate (BSN-to-DNP) track of the Doctorate of Nursing Practice (DNP) program and to make minor credit-neutral revisions to the BSN-to-DNP curriculum. The proposed changes are as follows:

- Reduce the length of time of the full-time BSN-DNP curriculum plan from 4 years to 3 years
- Reduce the length of time of the part-time BSN-DNP curriculum plan from 5 years to 4 years
- Require the 1 credit writing course (NRSPRCT 8890) which is currently offered as an elective course
- Require the newly-developed 1 credit MINDSTRONG course (Nursing 5115)
- Remove the 1 credit required open elective course and 1 credit optional NRSPRCT 8193 course

Rationale for Proposed Revisions

The post-baccalaureate DNP curriculum in the OSU College of Nursing is currently a minimum of 4 to 5 years in length, depending on clinical specialization coursework included in the program and part-time/fulltime plan of study. The American Association of Colleges of Nursing (AACN, 2015; <https://www.aacnnursing.org/Portals/42/DNP/DNP-Implementation.pdf>) Report from the Task Force on the Implementation of the DNP has reaffirmed an earlier AACN (2006) recommendation for length of a DNP program for a post-baccalaureate student as follows: *“The task force reaffirms the guidelines, as stated in the DNP Essentials, for length of program. A post-baccalaureate full-time program of study should be 3 years including summers or four years on a traditional academic calendar.”*

Comparison local, Big Ten, and benchmark *U.S. News & World Report* BSN-DNP programs (Table 1) supports that a majority of BSN-to-DNP programs are currently 3 years in length. Ohio State University College of Nursing is one of only a few comparison BSN-to-DNP programs that exceed 3 years in length for a fulltime program of study. Reducing the length of time of the College of Nursing BSN-to-DNP program by 1 year would align with the AACN (2006, 2015) recommendation for length of program, as well as achieve consistency with a majority of other comparison schools.

Table 1. Comparison Local, Big Ten, and Benchmark U.S. News & World Report BSN-DNP Programs

University	Minimum Fulltime Program Length
Ohio State University	4 to 5 years
University of Minnesota	3 years
University of Wisconsin	3 years
Kent State University	4 years
University of Cincinnati	3 years
Duke University	Unclear
University of Missouri	4 years
University of Kansas	5 years (part-time only)
University of Southern Alabama	3 years
University of Maryland	3 years
Vanderbilt University	3 years
Rutgers University	3 years
Purdue University	3 years
University of Illinois-Chicago	3 years

The recommendation to reduce length of time of the program is also supported by a variety of sources of student feedback, including but not limited to feedback collected at the DNP subcommittee of the College of

Nursing Graduate Studies Committee, BSN-to-DNP student orientation sessions, and BSN-to-DNP class meetings via Zoom webconferencing.

The NRSPRCT 8890 writing course was added as an elective in the DNP program about 5 years ago based on faculty and student feedback on the need to include greater writing instruction within the DNP program. Currently the course is 'strongly recommended' and students have the option to opt out of taking it, but a majority of students nonetheless take this course, and multi-year student feedback on course evaluations is highly positive and has consistently affirmed the value of including the course as a required course.

The newly-developed Nursing 5115 course is intended to build evidence-based, solution-focused cognitive-behavioral skills in support of addressing the high prevalence of mental health issues documented for graduate students and clinicians (e.g., clinician burnout, depression, and suicidal ideation). DNP program needs suggest wellness skills building and self-care may be beneficial for individual students, as well as these skills translating to working effectively with multiple types of patient populations that experience high rates of depression and anxiety. DNP graduates will learn implementation of wellness strategies for individual clients, families, communities, and populations, including the workplace and organizations. The addition of Nursing 5115 is also credit-neutral within other proposed curriculum adjustments.

With the proposed changes to require NRSPRCT 8890 and Nursing 5115, previously-required elective coursework (1 credit) and optional NRSPRCT 8193 (Individual Studies, 1 credit) courses will no longer be needed to meet minimum full-time credit requirements for BSN-to-DNP students for financial aid purposes. Elimination of both of these course requirements will achieve a credit-neutral curriculum revision.

Transition Plans

Currently-matriculated BSN-to-DNP students will continue on their existing plans of study. Most typically these students already take NRSPRCT 8890 and sometimes take NRSPRCT 8193 to achieve full-time credit loads in Summer for financial aid purposes. Table 2 displays the specific transition plans by year of matriculation for the next two BSN-to-DNP student cohorts.

Table 2. Transition Plans for Program Length and Revised Coursework: Autumn 2020 and Autumn 2021 Cohorts

Program Length and Revised Coursework	Autumn 2020 Cohort	Autumn 2021 Cohort
3-year fulltime plan of study	Not eligible due to clinical specialization program constraints	Required for fulltime study
4-year part-time plan of study	Required for full-time students	Required for part-time study
5-year part-time plan of study	Required for part-time students	No longer available
NRSPRCT 8890	Required	Required
Nursing 5115	Required	Required

Revised curriculum plans for fulltime and part-time study by specialization tracks are attached for reference. Students in the BSN-to-DNP program complete master's level clinical specialization coursework and a relevant national certification exam for advanced clinical practice, together with their DNP coursework. Clinical specializations include: Adult Gerontology Nurse Practitioner (Acute or Primary Care), Family Nurse Practitioner, Nurse Midwifery, Pediatric Nurse Practitioner (Acute Care or Primary Care), Neonatal Nurse Practitioner, Psychiatric Mental Health Nurse Practitioner, and Women's Health Nurse Practitioner.

The Nursing 5115 brief format syllabus is attached as the last page of this proposal package.

No changes are proposed for the traditional post-masters DNP curriculum plans.

Adult Gerontology Acute Care Nurse Practitioner Specialty – Full Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8610 Informatics for Leadership in Health and Health Care	2	NP 8896 Practice Inquiry I	3
	NP 8890 Professional Seminar*	1	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7208.01 Adult Acute Care Nurse Practitioner Skills and Practicum I	7
	NP 8403 Science of Practice Innovation	2	N 7410 Advanced Health Assessment	3		
	NP 8782 Foundations of Evidence-Based Practice	2	N 7470 Advanced Pharmacology in Nursing	4		
	N 5115 MINDSTRONG	1				
		13		13		12
Year 2						
	Autumn		Spring		Summer	
	N 7208.02 Adult Acute Care Nurse Practitioner Practicum II	9	N7208.03 Adult Gerontology Acute Care Nurse Practitioner Practicum III	9	NP 8897 Practice Inquiry II	3
	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	Master's Comp Exam		NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
					Professional Exam**	
		11		9		5
Year 3						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	75 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

* = BSN to DNP students are now required to take 8890 in lieu of previous electives.

**=Professional exam is recommended either of these two terms based on student readiness. Reminder it cannot be taken the same semester as the DNP Final Project Presentation and Defense.

This is a sample plan of study only. Students should visit <https://portal.nursing.osu.edu/> to view their personalized plan.

Denotes master's level coursework

Denotes Graduate School requirements

Adult Gerontology Acute Care Nurse Practitioner Specialty – Part Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	NP 8610 Informatics for Leadership in Health and Health Care	2
			NP 8890 Professional Seminar*	1	NP 8896 Practice Inquiry I	3
			N 5115 MINDSTRONG	1		
		7		6		7
Year 2						
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7410 Advanced Health Assessment	3	N 7208.01 Adult Acute Care Nurse Practitioner Skills and Practicum I	7
	NP 8782 Foundations of Evidence-Based Practice	2	N 7470 Advanced Pharmacology in Nursing	4		
	NP 8403 Science of Practice Innovation	2				
		6		7		7
Year 3						
	Autumn		Spring		Summer	
	N 7208.02 Adult Acute Care Nurse Practitioner Practicum II	9	N7208.03 Adult Gerontology Acute Care Nurse Practitioner Practicum III	9	NP 8897 Practice Inquiry II	3
			Master's Comp Exam		NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
					Professional Exam**	
		9		9		5
Year 4						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	75 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes Graduate School requirements

Adult Gerontology Clinical Nurse Specialist Specialty – Full Time						
Year 1						
	Autumn		Spring		Summer	
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2
	NP 8403 Science of Practice Innovation	2			NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8890 Writing Professional Seminar*	1	N 8510 Ethics in Healthcare Practice, Research and Policy	2	NP 8896 Practice Inquiry I	3
	N 7450 Pathophysiology of Altered Health States	5	N 7410 Advanced Health Assessment	3		
	NP 8782 Foundations of Evidence-Based practice	2	N 7470 Advanced Pharmacology	4		
			N 5115 MINDSTRONG	1		
		12		12		7
Year 2						
	Autumn		Spring		Summer	
	N 7228.01 Advanced Practice Adult Nursing Clinical Practicum I	10	N 7378 Advanced Practice Adult CNS Clinical Practicum	10	NP 8897 Practice Inquiry II	3
	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	Master's Comprehensive Exam		NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
					Professional Exam**	
		12		10		5
Year 3						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	70 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework

Denotes Graduate School requirements

Adult Gerontology Clinical Nurse Specialist Specialty – Part Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	N 5115 MINDSTRONG	1	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	NP 8896 Practice Inquiry I	3
			NP 8890 Writing Professional Seminar*	1		
		6		5		5
Year 2						
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7410 Advanced Health Assessment	3	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2
	NP 8782 Foundations of Evidence-Based Practice	2	N 7470 Advanced Pharmacology	4	NP 8402 Innovation and Leadership Development for the DNP Nurse	2
	NP 8403 Science of Practice Innovation	2				
		6		7		4
Year 3						
	Autumn		Spring		Summer	
	N 7228.01 Advanced Practice Adult Nursing Clinical Practicum I	10	N 7378 Advanced Practice Adult CNS Clinical Practicum	10	NP 8897 Practice Inquiry II	3
			Master's Comprehensive Exam		NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
					Professional Exam**	
		10		10		5
Year 4						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	70 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework

Denotes Graduate School requirements

Adult Gerontology Primary Care Nurse Practitioner Specialty – Full Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2	NP 8896 Practice Inquiry I	3
	NP 8890 Writing Professional Seminar*	1	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7228.01 Advanced Practice Adult Nursing Clinical Practicum I	6
	NP 8403 Science of Practice Innovation	2	N 7410 Advanced Health Assessment	3		
	NP 8782 Foundations of Evidence-Based Practice	2	N 7470 Advanced Pharmacology	4		
	N 5115 MINDSTRONG	1				
		13		13		11
Year 2						
	Autumn		Spring		Summer	
	N 7228.02 Advanced Practice Adult Nursing Clinical Practicum II	9	N 7228.03 Advanced Practice Adult Nursing Clinical Practicum III	9	NP 8897 Practice Inquiry II	3
	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	Master's Comprehensive Exam		NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
					Professional Exam**	
		11		9		5
Year 3						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	74 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework

Denotes Graduate School requirements

Adult Gerontology Primary Care Nurse Practitioner Specialty – Part Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	NP 8610 Informatics for Leadership in Health and Health Care	2
			NP 8890 Writing Professional Seminar*	1	NP 8896 Practice Inquiry I	3
			N 5115 MINDSTRONG	1		
		7		6		7
Year 2						
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7410 Advanced Health Assessment	3	N 7228.01 Advanced Practice Adult Nursing Clinical Practicum I	6
	NP 8782 Foundations of Evidence-Based Practice	2	N 7470 Advanced Pharmacology	4		
	NP 8403 Science of Practice Innovation	2				
		6		7		6
Year 3						
	Autumn		Spring		Summer	
	N 7228.02 Advanced Practice Adult Nursing Clinical Practicum II	9	N 7228.03 Advanced Practice Adult Nursing Clinical Practicum III	9	NP 8897 Practice Inquiry II	3
			Master's Comprehensive Exam		NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
					Professional Exam**	
		9		9		5
Year 4						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	73 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework

Denotes Graduate School requirements

Family Nurse Practitioner On Campus Specialty – Full Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2	N 7268.01 Advanced Nursing Practice FNP Clinical Practicum I	10
	NP 8403 Science of Practice Innovation	2	N 8510 Ethics in Healthcare Practice, Research and Policy	2		
	NP 8890 Professional Seminar*	1	N 7410 Advanced Health Assessment	4		
	N 7260 Concepts in Advanced Family Nursing	2	N 7470 Advanced Pharmacology	4		
	NP 8782 Foundations of Evidence-Based Practice	2	N 5115 MINDSTRONG	1		
		14		15		12
Year 2						
	Autumn		Spring		Summer	
	N 7268.02 Advanced Nursing Practice FNP Clinical Practicum II	11.5	N 7268.03 Advanced Nursing Practice FNP Clinical Practicum III	11.5	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	NP 8896 Practice Inquiry I	3	NP 8897 Practice Inquiry II	3
			Master's Comps		Professional Exam**	
		13.5		14.5		5
Year 3						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	86 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

* = BSN to DNP students are now required to take 8890 in lieu of previous electives.

**=Professional exam is recommended any of these three terms based on student readiness. Reminder it cannot be taken the same semester as the DNP Final Project Presentation and Defense.

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Denotes master's level coursework

Denotes Graduate School requirements

Family Nurse Practitioner On Campus Specialty – Part Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	NP 8896 Practice Inquiry I	3
	NP 8890 Professional Seminar*	1	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2	N 7260 Concepts in Advanced Family Nursing	2
			N 5115 MINDSTRONG	1		
		8		6		7
Year 2						
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7410 Advanced Health Assessment	4	N 7268.01 Advanced Nursing Practice FNP Clinical Practicum I	10
	NP 8782 Foundations of Evidence-Based Practice	2	N 7470 Advanced Pharmacology	4		
	NP 8403 Science of Practice Innovation	2				
		6		8		10
Year 3						
	Autumn		Spring		Summer	
	N 7268.02 Advanced Nursing Practice FNP Clinical Practicum II	11.5	N 7268.03 Advanced Nursing Practice FNP Clinical Practicum III	11.5	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
			Master's Comps		NP 8897 Practice Inquiry II	3
					Professional Exam**	
		11.5		11.5		5
Year 4						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	86 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

* = BSN to DNP students are now required to take 8890 in lieu of previous electives.

**=Professional exam is recommended any of these three terms based on student readiness. Reminder it cannot be taken the same semester as the DNP Final Project Presentation and Defense.

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Denotes master's level coursework

Denotes Graduate School requirements

Family Nurse Practitioner Online Specialty – Full Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	N 7260 Concepts in Advanced Family Nursing	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	N 7268.01 Advanced Nursing Practice FNP Clinical Practicum I	10
	NP 8890 Professional Seminar*	1	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2		
	NP 8403 Science of Practice Innovation	2	N 7410 Advanced Health Assessment	4		
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7470 Advanced Pharmacology	4		
	NP 8782 Foundations of Evidence-Based Practice	2	N 5115 MINDSTRONG	1		
		14		15		12
Year 2						
	Autumn		Spring		Summer	
	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	N 7268.03 Advanced Nursing Practice FNP Clinical Practicum III	11.5	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
	N 7268.02 Advanced Nursing Practice FNP Clinical Practicum II	11.5	NP 8896 Practice Inquiry I	3	NP 8897 Practice Inquiry II	3
			Master's Comprehensive Exam		Professional Exam**	
		13.5		14.5		5
Year 3						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	86 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

* = BSN to DNP students are now required to take 8890 in lieu of previous electives.

**=Professional exam is recommended any of these three terms based on student readiness. Reminder it cannot be taken the same semester as the DNP Final Project Presentation and Defense.

This is a sample plan of study only. Students should visit <https://portal.nursing.osu.edu/> to view their personalized plan.

Denotes master's level coursework	Denotes Graduate School requirements
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Family Nurse Practitioner Online Specialty – Part Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	N 7260 Concepts in Advanced Family Nursing	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2
	NP 8890 Professional Seminar*	1	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	NP 8896 Practice Inquiry I	3
			N 5115 MINDSTRONG	1		
		8		7		7
Year 2						
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7410 Advanced Health Assessment	4	N 7268.01 Advanced Nursing Practice FNP Clinical Practicum I	10
	NP 8782 Foundations of Evidence-Based Practice	2	N 7470 Advanced Pharmacology	4		
	NP 8403 Science of Practice Innovation	2				
		6		8		10
Year 3						
	Autumn		Spring		Summer	
	N 7268.02 Advanced Nursing Practice FNP Clinical Practicum II	11.5	N 7268.03 Advanced Nursing Practice FNP Clinical Practicum III	11.5	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
			Master's Comprehensive Exam		NP 8897 Practice Inquiry II	3
					Professional Exam**	
		11.5		11.5		5
Year 4						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	86 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework	Denotes Graduate School requirements
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Nurse Midwifery Specialty – Full Time						
Year 1						
	Autumn		Spring		Summer	
	N 7260 Concepts in Advanced Family Nursing (7 weeks)	2	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8896 Practice Inquiry I	3
	N 7450 Pathophysiology of Altered Health States	5	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	N 7288.01 Advanced Practice Nursing: Nurse-Midwifery Clinical Practicum I	8
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2	N 7282 Labor & Birth Immersion (if needed*will need petition for 13 credit hours)	2
	NP 8890 Professional Seminar*	1	N 7281 Advanced Reproductive Dynamics	3		
	N 7280 Conceptual Frameworks for Nurse-Midwifery (7 weeks)	2	N 7410 Advanced Health Assessment	3		
	NP 8403 Science of Practice Innovation	2	N 7470 Advanced Pharmacology	4		
	NP 8782 Foundations of Evidence-Based Practice	2				
		16		16		11-13
Year 2						
	Autumn		Spring		Summer	
	N 7288.02 Advanced Practice Nursing: Nurse-Midwifery Clinical Practicum II	10	N 7288.03 Advanced Practice Nursing: Nurse-Midwifery Clinical Practicum III	10	N 7288.04 Advanced Practice Nursing: Nurse-Midwifery Clinical Practicum IV	10
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	NP 8610 Informatics for Leadership in Health and Health Care	2	Master's Comprehensive Exam	
	N 5115 MINDSTRONG	1				
		13		12		10
Year 3						
	Autumn		Spring		Summer	
	NP 8897 Practice Inquiry II	3	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5
	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1
	Professional Exam**		Professional Exam**			
		5		6		6

TOTAL CREDITS = 95-97

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Denotes master's level coursework	Denotes Graduate School requirements
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Nurse Midwifery Specialty – Part Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	NP 8896 Practice Inquiry I	3
			N 7281 Advanced Reproductive Dynamics	3	NP 8610 Informatics for Leadership in Health and Health Care	2
	N 7280 Conceptual Frameworks for Nurse-Midwifery (7 weeks)	2	NP 8890 Professional Seminar*	1		
		9		8		7
Year 2						
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7410 Advanced Health Assessment	3	N 7288.01 Advanced Practice Nursing: Nurse-Midwifery Clinical Practicum I	8
	NP 8782 Foundations of Evidence-Based Practice	2	N 7470 Advanced Pharmacology	4	N 7282 Labor & Birth Immersion (if needed)	2
	NP 8403 Science of Practice Innovation	2	N 5115 MINDSTRONG	1		
	N 7260 Concepts in Advanced Family Nursing (7 weeks)	2				
		8		8		8-10
Year 3						
	Autumn		Spring		Summer	
	N 7288.02 Advanced Practice Nursing: Nurse-Midwifery Clinical Practicum II	10	N 7288.03 Advanced Practice Nursing: Nurse-Midwifery Clinical Practicum III	10	N 7288.04 Advanced Practice Nursing: Nurse-Midwifery Clinical Practicum IV	10
					Master's Comprehensive Exam	
		10		10		10
Year 4						
	Autumn		Spring		Summer	
	NP 8897 Practice Inquiry II	3	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5
	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1
	Professional Exam**		Professional Exam**			
		5		6		6

TOAL CREDITS = 95-97

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Denotes master's level coursework	Denotes Graduate School requirements
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Neonatal Nurse Practitioner Specialty – Full Time						
Year 1						
	Autumn		Spring		Summer	
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8403 Science of Practice Innovation	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2	NP 8896 Practice Inquiry I	3
	NP 8890 Professional Seminar*	1	N 7302 Advanced Assessment of the Neonate	3	N 7308.01 Care of the High-Risk Neonate I	7
	N7305 Developmental Physiology and Pathophysiology of the High-Risk Neonate	6	N 8510 Ethics in Healthcare Practice, Research and Policy	2		
	NP 8782 Foundations of Evidence-Based Practice	2	N 7303 Advanced Newborn/Infant Pharmacology	4		
	N 5115 MINDSTRONG	1				
		14		13		12
Year 2						
	Autumn		Spring		Summer	
	N 7308.02 Care of the High-Risk Neonate II	9	N 7308.03 Care of the High-Risk Neonate III	9	NP 8897 Practice Inquiry II	3
	N 7304 Developmental Care of the High-Risk Neonate and Family	2	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
			Master's Comp		Professional Exam**	
		11		11		5
Year 3						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	78 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework

Denotes Graduate School requirement

Neonatal Nurse Practitioner Specialty – Part Time						
Year 1						
	Autumn		Spring		Summer	
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	N7305 Developmental Physiology and Pathophysiology of the High-Risk Neonate	6	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2	NP 8896 Practice Inquiry I	3
			NP 8500 Nursing Policy for Doctoral Nursing Practice	2		
			NP 8890 Professional Seminar*	1		
			N 5115 MINDSTRONG	1		
		8		8		5
Year 2						
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7302 Advanced Assessment of the Neonate	3	N 7308.01 Care of the High-Risk Neonate I	7
	NP 8782 Foundations of Evidence-Based Practice	2	N 7303 Advanced Newborn/Infant Pharmacology	4		
	NP 8403 Science of Practice Innovation	2				
		6		7		7
Year 3						
	Autumn		Spring		Summer	
	N 7308.02 Care of the High-Risk Neonate II	9	N 7308.03 Care of the High-Risk Neonate III	9	NP 8897 Practice Inquiry II	3
	N 7304 Developmental Care of the High-Risk Neonate and Family	2	Master's Comp		NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
					Professional Exam**	
		11		9		5
Year 4						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	78 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework

Denotes Graduate School requirement

Psychiatric Mental Health Nurse Practitioner On campus & Online Specialties – Full Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	NP 8490 Health Promotion in the Age of Personalized Health Care	2	N 7338.01 Advanced Nursing Practice in Pediatric Primary Care Practicum I	3
	NP 8402 Innovation and Leadership Development for the DNP nurse	2	N 8510 Ethics in Healthcare Practice, Research and Policy	2	NP 8896 Practice Inquiry I	3
	NP 8890 Professional Seminar*	1	N 7341 Advanced Psychiatric Mental Health Therapies Across the Lifespan	4	N 7348.01 Advanced Practice Psychiatric and Mental Health Nursing I	3
	NP 8403 Science of Practice Innovation	2	N 7410 Advanced Health Assessment	3	N 7350 Psychopharmacology Across the Lifespan	3
	NP 8782 Foundations of Evidence-Based Practice	2	N 7470 Advanced Pharmacology	4		
	N 7340 Neuroscience Principles and Concepts Relevant to Psychiatric Mental Health Nursing	3	N 5115 MINDSTRONG	1		
		15		16		12
Year 2						
	Autumn		Spring		Summer	
	N 7348.02 Advanced Practice Psychiatric and Mental Health Nursing II	9	N 7348.03 Advanced Practice Psychiatric and Mental Health	12	NP 8897 Practice Inquiry II	3
	NP 8480 Quality Improvement in Doctoral Nursing Practice	2	NP 8500 Health Policy for Doctoral Nursing Practice	2	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
	NP 8610 Informatics for Leadership in Health and Health Care	2	MS Comprehensive Exam		Professional exam**	
		13		14		5
Year 3						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	87 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional exam**					
		6		6		

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Denotes master's level coursework	Denotes Graduate School requirements
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Psychiatric Mental Health Nurse Practitioner On campus & Online Specialties – Part Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	NP 8490 Health Promotion in the Age of Personalized Health Care	2	NP 8480 Quality Improvement in Doctoral Nursing Practice	2
	NP 8402 Innovation and Leadership Development for the DNP nurse	2	NP 8500 Health Policy for Doctoral Nursing Practice	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8890 Professional Seminar*	1	N 8510 Ethics in Healthcare Practice, Research and Policy	2	NP 8896 Practice Inquiry I	3
			N 5115 MINDSTRONG	1		
		8		7		7
Year 2						
	NP 8782 Foundations of Evidence-Based Practice	2	N 7341 Advanced Psychiatric Mental Health Therapies Across the Lifespan	4	N 7338.01 Advanced Nursing Practice in Pediatric Primary Care Practicum I	3
	NP 8403 Science of Practice Innovation	2	N 7410 Advanced Health Assessment	3	N 7348.01 Advanced Practice Psychiatric and Mental Health Nursing I	3
	N 7340 Neuroscience Principles and Concepts Relevant to Psychiatric Mental Health Nursing	3	N 7470 Advanced Pharmacology	4	N 7350 Psychopharmacology Across the Lifespan	3
		7		11		9
Year 3						
	Autumn		Spring		Summer	
	N 7348.02 Advanced Practice Psychiatric and Mental Health Nursing II	9	N 7348.03 Advanced Practice Psychiatric and Mental Health	12	NP 8897 Practice Inquiry II	3
					NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
			MS Comprehensive Exam		Professional exam**	
		9		12		5
Year 4						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	87 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional exam**					
		6		6		

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Denotes master's level coursework	Denotes Graduate School requirements
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Pediatric Acute Care Nurse Practitioner Specialty – Full Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	N 7260 Concepts in Advanced Family Nursing	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health Care	2	NP 8896 Practice Inquiry I	3
	NP 8890 Professional Seminar*	1	N 7470 Advanced Pharmacology	4	N 7338.01 Advanced Nursing Practice in Pediatric Primary Care Practicum I	6
	NP 8403 Science of Practice Innovation	2	NP 8480 Quality Improvement in Doctoral Nursing Practice	2		
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7330 Advanced Pediatric Health Assessment	4		
	NP 8782 Foundations of Evidenced-Based Practice	2	N 5115 MINDSTRONG	1		
		14		15		11
Year 2						
	Autumn		Spring		Summer	
	N 7218.01 Advanced Nursing Practice in Pediatric Acute Care I	11	N 7218.02 Advanced Nursing Practice in Pediatric Acute Care II	10	NP 8897 Practice Inquiry II	3
	NP 8500 Health Policy for Doctoral Nursing Practice	2	N7331 Assessment & Management of Child & Adolescent Mental Health	3	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
			Master's Comps		Professional Exam**	
		13		13		5
Year 3						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion I	5	NP 8898 DNP Clinical Immersion I	5	83 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework	Denotes Graduate School requirements
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Pediatric Acute Care Nurse Practitioner Specialty – Part Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	N 7260 Concepts in Advanced Family Nursing	2	NP 8480 Quality Improvement in Doctoral Nursing Practice	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health Care	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8890 Professional Seminar*	1	NP 8500 Health Policy for Doctoral Nursing Practice	2	NP 8896 Practice Inquiry I	3
			N 5115 MINDSTRONG	1		
		8		7		7
Year 2						
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7330 Advanced Pediatric Health Assessment	4	N7338.01 Advanced Nursing Practice in Pediatric Primary Care Practicum I	6
	NP 8403 Science of Practice Innovation	2	N 7470 Advanced Pharmacology	4		
	NP 8782 Foundations of Evidence-Based Practice	2				
		6		8		6
Year 3						
	Autumn		Spring		Summer	
	N 7218.01 Advanced Nursing Practice in Pediatric Acute Care I	11	N 7218.02 Advanced Nursing Practice in Pediatric Acute Care II	10	NP 8897 Practice Inquiry II	3
			N7331 Assessment & Management of Child & Adolescent Mental Health	3	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
			Master's Comps		Professional Exam**	
		11		13		5
Year 4						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion I	5	NP 8898 DNP Clinical Immersion I	5	83 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework	Denotes Graduate School requirements
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Pediatric Primary Care Nurse Practitioner Specialty – Full Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	N 7260 Concepts in Advanced Family Nursing	2		
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8403 Science of Practice Innovation	2	N 7470 Advanced Pharmacology	4	NP 8896 Practice Inquiry I	3
	NP 8890 Professional Seminar*	1	NP 8480 Evidence-based Quality Improvement for the Doctor of Nursing Practice	2	N 7338.01 Advanced Nursing Practice in Pediatric Primary Care Practicum I	7
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7330 Advanced Pediatric Health Assessment	4		
	NP 8782 Foundations of Evidence-Based Practice	2	N5115 MINDSTRONG	1		
		14		15		12
Year 2						
	Autumn		Spring		Summer	
	N 7338.02 Advanced Nursing Practice in Pediatric Primary Care Practicum II	9	N 7338.03 Advanced Nursing Practice in Pediatric Primary Care Practicum III	9	NP 8897 Practice Inquiry II	3
	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	N 7331 Assessment & Management of Child & Adolescent Mental Health	3	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
			Master's comprehensive exam		Professional Exam**	
		11		12		5
Year 3						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	81 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework

Denotes Graduate School requirements

Pediatric Primary Care Nurse Practitioner Specialty – Part Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	N 7260 Concepts in Advanced Family Nursing	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8890 Professional Seminar*	1	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	NP 8896 Practice Inquiry I	3
			N 5115 MINDSTRONG	1		
		8		7		7
Year 2						
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7470 Advanced Pharmacology	4	N 7338.01 Advanced Nursing Practice in Pediatric Primary Care Practicum I	7
	NP 8403 Science of Practice Innovation	2	N 7330 Advanced Pediatric Health Assessment	4		
	NP 8782 Foundations of Evidence-Based Practice	2				
		6		8		7
Year 3						
	Autumn		Spring		Summer	
	N 7338.02 Advanced Nursing Practice in Pediatric Primary Care Practicum II	9	N 7338.03 Advanced Nursing Practice in Pediatric Primary Care Practicum III	9	NP 8897 Practice Inquiry II	3
			N 7331 Assessment & Management of Child & Adolescent Mental Health	3	NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
			Master's comprehensive exam		Professional Exam**	
		9		12		5
Year 4						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	81 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**					
		6		6		

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Denotes master's level coursework

Denotes Graduate School requirements

Women's Health Nurse Practitioner Specialty – Full Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	N 7260 Concepts in Advanced Family Nursing	2	NP 8896 Practice Inquiry I	3
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	N 7298.01 Advanced Practice Nursing: Women's Health Clinical Practicum I	8
	NP 8890 Writing Professional Seminar*	1	N 7470 Advanced Pharmacology	4		
	NP 8403 Science of Practice Innovation	2	N 7281 Advanced Reproductive Dynamics	3		
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7410 Advanced Health Assessment	3		
	NP 8782 Foundations of Evidence-Based Practice	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2		
	NP 8610 Informatics for Leadership in Health and Health Care	2				
		16		16		11
Year 2						
	Autumn		Spring		Summer	
	N 7298.02 Advanced Practice Nursing: Women's Health Clinical Practicum II	10	N 7298.03 Advanced Practice Nursing: Women's Health Clinical Practicum III	10	NP 8897 Practice Inquiry II	3
	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	Master's Comprehensive Exam		NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
			N 5115 MINDSTRONG	1	Professional Exam**	
		12		10		5
Year 3						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	83 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**	6		6		

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Denotes master's level coursework

Denotes Graduate School requirements

Women's Health Nurse Practitioner Specialty – Part Time						
Year 1						
	Autumn		Spring		Summer	
	N 7450 Pathophysiology of Altered Health States	5	N 7260 Concepts in Advanced Family Nursing	2	NP 8480 Quality Improvement for the Doctor of Nursing Practice	2
	NP 8402 Innovation and Leadership Development for the DNP Nurse	2	NP 8490 Health Promotion in the Age of Personalized Health and Health Care	2	NP 8610 Informatics for Leadership in Health and Health Care	2
	NP 8890 Writing Professional Seminar*	1	NP 8500 Nursing Policy for Doctoral Nursing Practice	2	NP 8896 Practice Inquiry I	3
			N 5115 MINDSTRONG	1		
		8		7		7
Year 2						
	N 8510 Ethics in Healthcare Practice, Research and Policy	2	N 7281 Advanced Reproductive Dynamics	3	N 7298.01 Advanced Practice Nursing: Women's Health Clinical Practicum I	8
	NP 8782 Foundations of Evidence-Based Practice	2	N 7410 Advanced Health Assessment	3		
	NP 8403 Science of Practice Innovation	2	N 7470 Advanced Pharmacology	4		
		6		10		8
Year 3						
	Autumn		Spring		Summer	
	N 7298.02 Advanced Practice Nursing: Women's Health Clinical Practicum II	10	N 7298.03 Advanced Practice Nursing: Women's Health Clinical Practicum III	10	NP 8897 Practice Inquiry II	3
			Master's Comprehensive Exam		NP 8781 Methods and Measurement for Clinical Practice Scholarship	2
					Professional Exam**	
		10		10		5
Year 4						
	Autumn		Spring			
	NP 8898 DNP Clinical Immersion	5	NP 8898 DNP Clinical Immersion	5	83 total hours	
	NP 8998 DNP Final Project	1	NP 8998 DNP Final Project	1		
	Professional Exam**	6		6		

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Denotes master's level coursework

Denotes Graduate School requirements

**THE OHIO STATE UNIVERSITY
GRADUATE SCHOOL
COLLEGE OF NURSING
Nursing 5115
MINDSTRONG: An Evidence-based Program to Reduce Stress and
Promote Overall Well-being

1 credit hour**

Course Description:

Through a series of educational and skills building activities, this course provides an evidence-based program that reduces stress, improves mental resiliency and builds protective factors that improve overall health, well-being, and academic performance.

Pre-requisite/s and/or Co-requisites: None

Course Objectives:

At the completion of this course, the student will be able to:

1. Identify activating events that trigger stress, anxiety and negative mood.
2. Use cognitive-behavioral skills building techniques to reduce stress and promote mental well-being.
3. Apply cognitive restructuring techniques to daily challenging situations.
4. Demonstrate the 4-step approach to solving problems.
5. Practice evidence-based coping techniques to improve mental resilience.
6. Engage in healthy lifestyle behaviors to promote happiness, health and overall well-being.

Content Topics:

1. The Thinking-Feeling-Behaving Triangle – understanding how thinking affects emotions and behaviors.
2. Cognitive Restructuring and Healthy versus Unhealthy Coping
3. Stress and Anxiety – What it looks like for you
4. Reducing Stress and Anxiety with Coping Techniques and Resiliency Strategies
5. Individualized Problem Solving and Setting Goals
6. Gratitude and Mindfulness Strategies
7. Healthy Sleep, Nutrition, and Physical Activity
8. Mental Resilience for a Lifetime